

The Link

The Church & Community magazine for Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay



March 2026

The Link

Published by the
churches and communities in
and around Newbiggin-on-Lune,
Ravenstonedale,
Orton & Tebay

If you want to sign up to receive
The Link electronically, you can
do so using this web page link:
cutt.ly/TheLinkSignup

The Link magazine is put together by
a group of willing volunteers in our
villages, drawing on contributions
from across our villages. It is funded
by a mix of subscriptions and
donations from individuals and
organisations, as well as advertising
from local businesses.

The magazine doesn't have a strong
editorial policy or position, trying to
share almost everything we're sent
from individuals and organisations in
our communities, but the editorial
team do reserve the right to choose
what to publish in the magazine.
Views expressed in The Link are not
necessarily those of the editorial
team, and we reserve the right to
amend material submitted prior to
publication.

Do please get in touch with us if you
have any questions, concerns, ideas
or want to volunteer. The simplest
way to do that is by email at
TheLinkMagazine@outlook.com

Thanks again for reading, sharing &
submitting your news and events.

Elizabeth, Linda, Martin, Paula & Tristan

We're always looking for photos and
write-ups of local events. If you have
a photo which could be on the front
cover, ideally of local people at a
local event, then do please send it in.

This month's front page photo is:
"Bake your heart out", Pam Lawson
(write-up on page 17)

Lots to read and to do —
don't miss the write-up (p17)
of the "Bake your hearts out"
event (picture on the front
page).

Do send us your news and
events, and use our advertisers
— **if you know of others who
could advertise here do tell
them or us!**

Finally, Happy Retirement to a
link distributor with 75 years
service under her belt!
Can you guess who?



Have a good month!

*Elizabeth, Linda,
Martin, Paula & Tristan.*

Could we ask for your support?

It costs somewhere between £700 and £800 to print one issue of
The Link magazine (all the work of putting it together, and
distributing it is done by volunteers).

At present we still believe that sending a copy to every house in
our parishes, as much as we can, is the best way to
communicate with our communities. However, we are also
sending it out electronically to several hundred of our readers.

Income from our advertisers does not cover the entire cost of The
Link — we rely on contributions from individuals and
organisations as well.

Please could we ask you to help us to cover the cost of your copy of The Link?

One copy costs about 75p — which would be £7.50 for the ten
issues we produce each year. If you are able to contribute this
(or more, or less) you can do that in one of several ways:

Make a bank transfer to

'Orton Tebay and Ravenstonedale Link Account'
Sort code: 40-26-18 Account number: 71021036

Drop off a marked envelope to

Orton Village Shop or Tebay Post Office
Cheques can use the same account name as above
or give a marked envelope to a member of a local
church

visit this link: cutt.ly/LinkDonate or scan the QR code
on the right with your phone to set up electronic
payment.



Or contact us by email at TheLinkMagazine@outlook.com if you would
like us to send more information on how else you might give or get
involved. **Thank you so much everyone!**

THE DEADLINE IS THE 13TH OF THE MONTH FOR THE NEXT ISSUE

Please send all copy (ideally not PDF format) including advertising to:
TheLinkMagazine@outlook.com

Payment for advertising or remittance advice to:
Linda Garrick, 015396 24262 / finance@linkmagazine.org

A Lent Reflection: Journeying towards the cross

Lent is a journey that begins on Ash Wednesday and leads into Holy Week, the cross and Resurrection. It is a time of stripping away, of reflection, a time to walk with Jesus as He travels to Jerusalem:

*"Come with me, come wanderer,
come welcome the world,
Where strangers might smile,
or where stones may be hurled;
Come, leave what you cling to,
lay down what you clutch
And find, with hands empty,
that hearts can hold much!"*

These words, from an Iona liturgy for Shrove Tuesday, frame the choices that Jesus made to love us; and that we can make as we daily 'take up our cross' and follow Him.

This Lent, I plan to travel with the following words of Jesus, (spoken in the Temple to the Pharisees), as a 'lens' to discern and challenge myself. I wonder if these words may help you to focus, on your journey with Jesus, through Lent to Easter.

*"An expert in the law,
tested Jesus with this question: 'Teacher,
which is the greatest commandment ...'
Jesus replied, 'Love the Lord your God
with all your heart and with all your soul
and with all your mind' (Matthew 22v35-37)*

These words, which Jesus quoted, are known as the 'Sheema' and come from Deuteronomy 6v5.

For me, the real challenge comes in laying down (or even being willing to lay down) 'self' in every aspect of my life out of love for God in Christ. Jesus' words perfectly capture His desire to do His Father's will and to lay down His life for His friends (you and me). It meant for Jesus complete submission in every step, at every stage and in every circumstance.

What does it mean for us to 'love the Lord your God' in this way? Surely it means letting go of myself and my agenda, letting go of my certainties and my control – leading to sacrifice and compassion with a deep abiding love for the God who embraces

my sin and shame; and forgives me through the cross of Calvary and who calls me his child.

But Jesus' words do not stop there. He continues by saying, '*Love your neighbour as yourself*' (Matthew 22v39). Jesus' journey to Jerusalem and the cross challenges us to reflect deeply on our care and concern for our world-wide neighbours and the environment, too.

When St Columba sent his monks out from Iona to spread the Gospel of Jesus in Northern Europe, his instructions were simple – 'Go and settle in a community and let them see the way you live!' Columba felt that their lifestyle would speak and be a witness in itself.

In each of the six weeks of Lent, there are suggestions from Iona of environmental issues for us to consider and act on: transport; water; energy; waste; shopping thoughtfully; and improving bio-diversity. In caring for our creation, we are caring for our brothers and sisters around the world. In living out our faith – focussing on Christ's call to 'Love the Lord your God' with all that we are, we will see God's word through Micah fulfilled – '*What does the Lord require of you? To act justly, to love mercy and to walk humbly with your God*' (Micah 6v8).

Our shattered society, our fractured friendships, our leaders and communities learning to unite – all need to be part of our prayers this Lent. Jesus calls us walk with Him this Lent.

Rev. Stephen Radford

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Can't find what you want?

Let us know and we'll see if we can find ways to change — we know people want more photos and more local news — you can help with that!

Do please send in your updates and news

NEWBIGGIN-ON-LUNE CHAPEL SUNDAY SERVICES 10.30am every Sunday

A Warm Welcome to Everyone
Tea and Coffee to follow after the Service

**We have the following meetings,
please contact us for further details:**

**Coffee Morning, Prayer & Share,
Sunday School, Bible Study,
Men's Meeting, Ladies Meeting**

**For further information please contact:
Wilfred - on 015396 23600 or
Angela on 07980 418078**

Junior Church

1st and 3rd Sunday
of every month
at Newbiggin Chapel

NEWBIGGIN-ON-LUNE PUBLIC HALL FOR HIRE



FOR GROUPS, PRIVATE PARTIES, WEDDINGS,
FUNERALS, CHRISTENINGS, CLASSES,
CONFERENCES & FUND-RAISING ACTIVITIES

**LARGE FUNCTION, ROOM SEATING FOR 100,
KITCHEN WITH MICROWAVE, HOB, OVENS,
FRIDGE-FREEZER & DISHWASHER,
COMPREHENSIVE CUTLERY, CROCKERY &
GLASSWARE.**

**STAGE WITH CURTAINS; SOUND SYSTEM,
RAMP FOR THOSE WITH MOBILITY PROBLEMS,
HEARING LOOP, FIBRE BROADBAND,
PROJECTOR**

For bookings or more information contact :
Anne Brownrigg Tel: 015396 23594 or Email:
nonpublichall@gmail.com

Charges for a morning, afternoon or evening
session :
KITCHEN £15
HALL & KITCHEN £30
HALL, KITCHEN & PAY BAR £70

Growing Well

Growing Well is a local mental health charity that provides a day service to local residents.



With free minibus transport and a free lunch, those struggling with their mental wellbeing are supported through therapeutic outdoor activities in a safe and friendly environment.

We encourage people to unearth new confidence, skills, and purpose.

People can be referred by any professional or can easily refer themselves – either through our website www.growingwell.co.uk or calling 07512 316564 to find out more.

Join us in the field!

FREE MINIBUS PICK-UPS AVAILABLE

from Carlisle and across Eden including Penrith, Appleby, Kirkby Stephen and Shap



Are you struggling with your mental health?



If you're feeling depressed, anxious or finding everyday life difficult, we can help with free, effective support in our kitchen garden at Tebay Services on the M6 near Penrith.



Speak to your GP, health professional or self refer via our website. You could be joining us within 2 weeks, rebuilding your confidence, learning new skills and meeting new life goals.

FREE minibus transport service - FREE lunch provided

Growing Well Ltd is a Registered Charity in England and Wales, No. 11300118

Cultivating good mental health

www.growingwell.co.uk

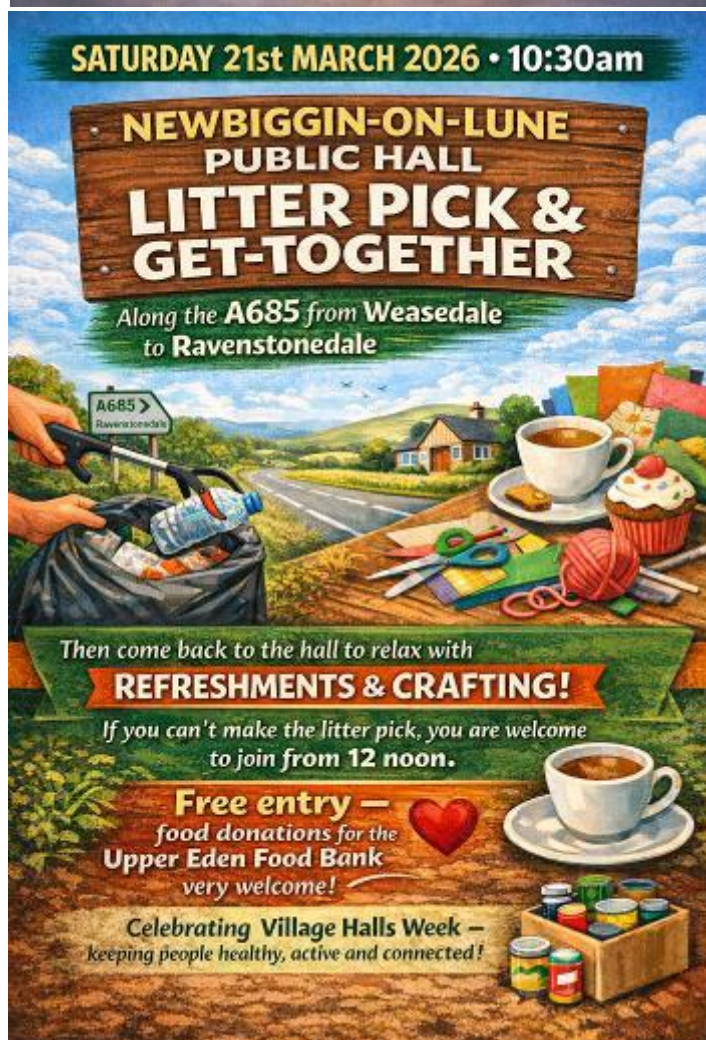
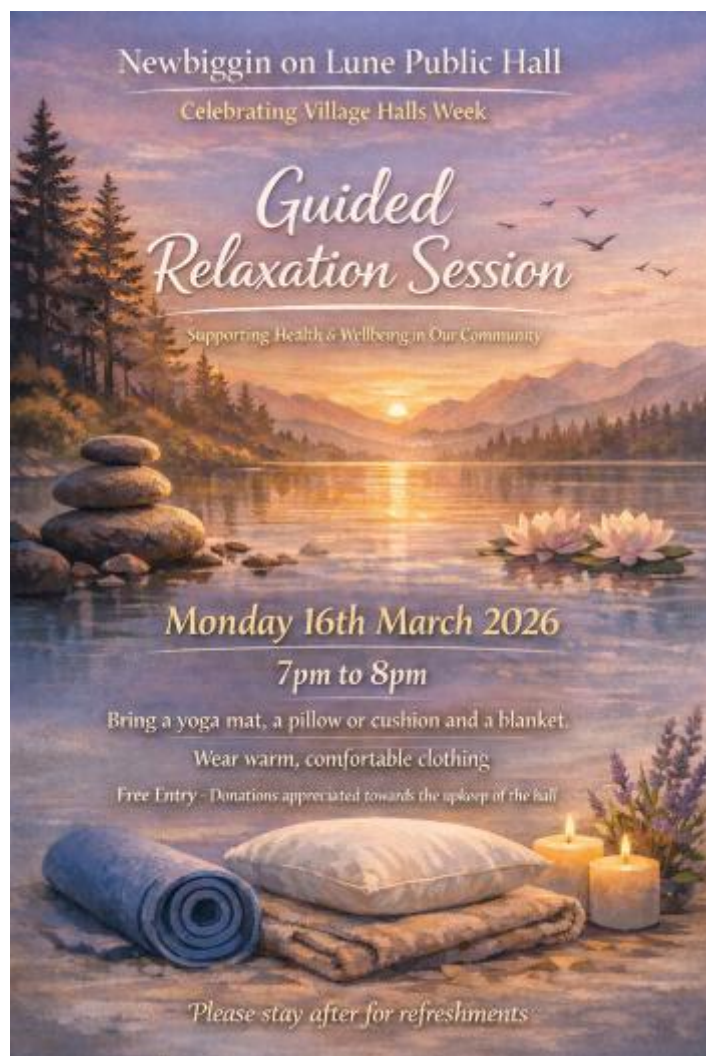
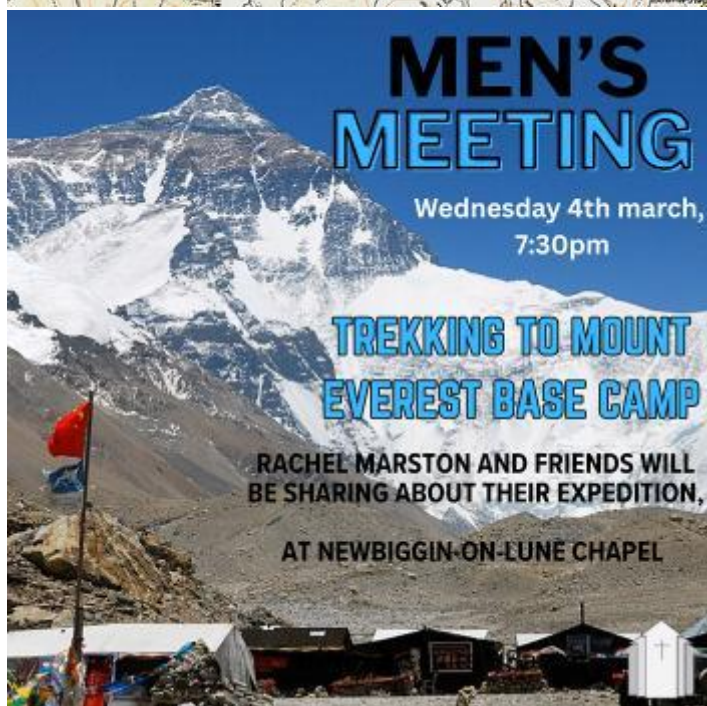
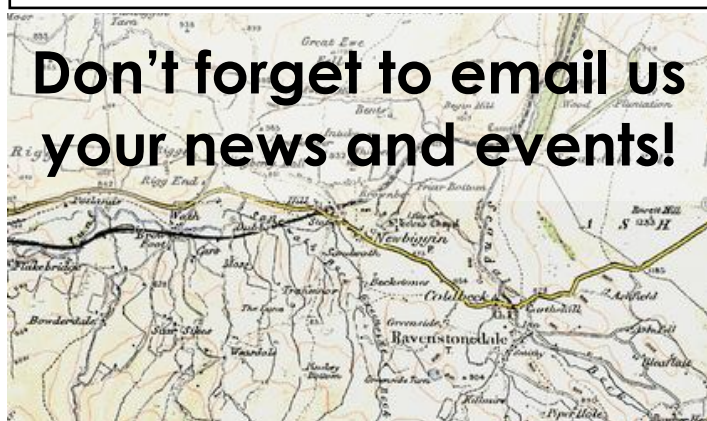
RAVENSTONEDALE COMMUNITY AND HERITAGE CENTRE

REGULAR SESSIONS AND MEETINGS:

- Monday** – Circuits with Jan Hardcastle for Men (5-6pm) (07876508027)
- Monday** – Circuits with Jan Hardcastle for Women (6-7pm) (07876508027)
- Tuesday** – Pilates with Fiona Woolnough (6-7pm, 7:15-8:15pm) (Clara 07900074886)
- Thursday** – Ravenstonedale Parish History Group (2-4pm) (Val 07798688057)
- First Sunday of the month** – Sound Bath with Ann Wappett (4-5pm) (07890336445)
- First Monday of the month** – Community Coffee Morning (10-12pm)
- Monthly** – Saturday Sewing Workshop with Jan Hardcastle (07876508027)

For more details or if you would like to join our creative hub, please get in touch

Don't forget to email us your news and events!





NEWBIGGIN-ON-LUNE CHURCH

Ladies Night

Thursday 19th March at 7:30pm



'Learn about Colours'
with Kate Grimshaw;
learn about which
colours to wear to
complement your
natural features.

**An informal, fun night
with refreshments.**

All ladies welcome, young and old.

FOR MORE DETAILS CONTACT ANGELA ON
07980418078



LUNE LADIES

Wednesday 4th March 7.30pm
Cooking demonstration with Ann & Wendy

Wednesday 1st April at 7.30
A take by Martin Harriman
My life in uniform.

Meet at Newbiggin on Lune
village hall

All Welcome!

Scandal Beck

My word, Scandal Beck is a monster today
Roaring and writhing along its way,
Bubbling and broiling, out of control,
Less gentle lullaby, more rock and roll.

It's changed so fast from a day ago,
When it trickled along, right down low,
The rains overnight have created a beast,
In an instant it's gone from famine to feast.

The old dog pauses and dips in a toe,
But feels the pull and knows it's no go,
The youngster finds a flooded bay,
To wallow safely come what may,

Rushing and racing to the village it goes,
Then on past St. Oswald's, so swiftly it flows.
Next to Smardale beneath bridges and rails,
Heading to Soulby and forsaking the Dales.

Streaming into The Eden and out to sea,
Now it's as giant as giant can be,
From its lair high up on Wild Boar Fell,
The beast is let free, a tale to tell.

Dog Walk Doggerel Writer



Benefice of Upper Eden and Upper Lune

Lenten Walks 2026

Lent is a time of reflection as we accompany Jesus on the journey to the Cross.

It is also a time when we can enjoy companionship through walking together. Maybe it is also an opportunity to discover one of the other churches and the beautiful countryside in our benefice.

Do come and join us – all are welcome, including dogs!

St Oswald's, Ravenstonedale:	Monday 23 rd February
St Michael's, Brough:	Friday 6 th March
All Saints, Orton:	Friday 13 th March
St James', Tebay:	Tuesday 17 th March
St Mary's, Mallerstang:	Monday 23 rd March
St Stephen's, Stainmore:	Friday 27 th March
Kirkby Stephen Parish Church:	Monday 30 th March

We begin each walk with a short service of Morning Prayer at 9.15am and then at around 9.45am we will go on a short walk together around the parish and reflect on the beauty of the world around us.

We will return to church by 10.30am for tea, coffee and refreshments.



**Ravenstonedale & Newbiggin
Folk Dance Group**

Newbiggin on Lune hall (Sept — Apr)
Wednesday evenings
(except the 1st Weds of the month!)
7.45pm — 10pm

For further details please
ring Catherine: 017683 41549
email: trimmers@coldkeld.com

★ **NEWBIGGIN ON LUNE PUBLIC HALL** ★

CARETAKER VACANCY

Start Date: April

Newbiggin on Lune Public Hall is seeking a
reliable and practical Caretaker.

The role includes:

- General upkeep of the hall
- Opening and closing for events

For more information or to express interest:

Contact: Laura Fowler (Secretary)

Tel: 07913 676302



Celebrate
**EASTER
SUNDAY**
with us

April 5th at Newbiggin-on-lune chapel 10:30am,
all ages welcome, Junior Church during the service,
Service led by Ben Fawcett



SAVE THE DATE
FRIDAY 15th MAY
VILLAGE AUCTION
NEWBIGGIN ON LUNE PUBLIC HALL

TIME TO START LOOKING OUT
DONATIONS FOR AUCTION.
Donations to be dropped off at the hall on the day.



**HAS NEWBIGGIN GOT
TALENT?**

COME AND FIND OUT AT OUR
VILLAGE VARIETY SHOW
SATURDAY 28TH MARCH
7:30PM
NEWBIGGIN-ON-LUNE PUBLIC HALL
FREE ENTRY
DONATIONS APPRECIATED TOWARDS
THE UPKEEP OF THE HALL



Mixed Grill
Feeding body, mind and soul

ARE WE ALL JUST MAD?
OR IS THERE SOMETHING IN THIS JESUS THING?

21st March 2026
8.00 for 8.30am until 10.00am
Studfold Farmhouse, Fell End

Join us for a hearty breakfast and lively banter
Places limited – please book early!
Email mewsblue@outlook.com to book.

£10 per head - includes donation of
£5 for Cumbria Network Youth Church

Mixed Grill, but an undiluted pleasure

Six ladies and seven men gathered at Fell End on 17th January to begin an exploration of whether Christianity is still relevant.

We started by feeding the body. The full English lived up to its name, with dietary requirements skilfully handled, and tea and coffee orders to taste. Good start.

Then we moved to feeding the soul. After a brief introduction, an invitation to write down any questions to be addressed, and some suggestions about how we make the discussion a safe and supportive experience, people – amazingly and beautifully - began to share their doubts, their objections, their questions and their life experiences.

'Why hasn't God got me?', 'How can we believe in God when there is so much suffering?', 'How do we pray?', 'Why Christianity, and no other religion?', 'What is a Christian?', 'How will Artificial Intelligence impact on the world and on Christianity?'. These were some of the topics we touched on. There was no speaker, no sermon. Soapboxes stayed at home, coffee was regularly poured, respectful, wholesome questions were posed, and responses were exchanged.

We had agreed a hard stop at 10am. So when the question: 'Who or What is God?' came up at about 9.36am, we all shuffled uneasily in our seats wondering whether the radical among us would have time to deal with that one, and still get to the M6 demo in Kirkby Stephen. But we managed it, albeit – inevitably – somewhat imperfectly.

Mixed Grill went so well we are holding another in March. We have a limit on numbers in order to facilitate an inclusive discussion, and a waiting list for the next event. So get in early if you wish to enjoy a sympathetic exchange of views, fuelled by exceptional cooking, and warmed by the lovely hospitality of Fran and Tim Parkinson.

A final big shout-out to Harvey, the lovely black lab, who waited with commendable restraint for the guests to go, so he could get his teeth into the leftover sausages.

RAVENSTONDALE COMMUNITY & HERITAGE CENTRE



COFFEE & CHAT

Held on 1st Monday of the month
10.30am to 12 noon

All Welcome

We would love to see you!

*** No fixed charge but donations towards the Centre running costs are very welcome**

Book Swap / Borrow available



Why Joining a Local Brass Group Could Be One of the Best Things You Do for Your Child

Across Cumbria, thousands of children enjoy brass music in school each year. They love the noise, the energy, and the excitement of playing together. But joining a group can feel like a step into the unknown.

At Tebay-based not-for-profit Drum and Brass, the team is working to change that — by helping families turn classroom enthusiasm into long-term confidence, skills, and enjoyment through local learner groups. "Children leave school sessions buzzing, asking when they can play again," says one tutor "Our learner groups are where that spark turns into something lasting."

More Than Just Music

Local beginner (School of Brass) groups run in friendly community venues, offering structured, supportive learning for all ages and abilities — including children with additional needs.

Sessions currently take place at:

- ✿ Tebay Methodist Church (Tuesdays, 5:00 –5:45pm)
- ✿ Appleby (Wednesdays for primary pupils)
- ✿ Kirkby Stephen Band Hut (Fridays, 6:00pm, all ages)

These groups are about much more than learning notes. Children develop confidence, teamwork, listening skills, and resilience — qualities that help in school and beyond. Many families also discover that learning together becomes a shared activity, building friendships and strengthening family bonds.

Why Your Support Matters

For parents, bringing a child to weekly rehearsals takes time and effort. But that investment pays off.

Children who attend regularly:

- ✿ Progress more quickly
- ✿ Build lasting friendships
- ✿ Grow in confidence
- ✿ Stay engaged with learning



Have clear routes into youth and community bands. Without that next step after school lessons, many talented children simply drift

away from music.

A Clear Path Forward

Drum and Brass provides clear progression from first notes to youth and community bands. Young players can develop at their own pace, supported by experienced tutors and local musicians.

Several former beginners are now confident performers — and some are even helping younger players to get started.

How to Join

You are very welcome to turn up and try a session.

However, sending a quick email first really helps the team prepare instruments, music, and support.

Best option: Email: drumandbrass.co.uk

Tell us your child's name, age, and which group you're interested in.

Or simply come along:

Arrive a few minutes early and introduce yourself to the tutor.

No previous experience is needed, and help is available with instruments and learning materials.

By Drum and Brass, Tebay
www.drumandbrass.co.uk

RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 18TH MARCH 2026

Ravenstonedale High Chapel Community &
Heritage Centre

7.30 PM

LIME BURNING AND LAND IMPROVEMENTS

IN THE BARONY OF WESTMORLAND

WITH

Dr. David Johnson

A geographer and landscape archaeologist based in
the Yorkshire Dales

Admission: Friends of the Society - Free

Members £4.00 Visitors £6.00

including refreshments

for more information, please leave a message on

www.ravenstonedalehistory.org.uk



**All Saints Coffee Morning
at the Farmers Market in February was
£364.67**

*Many thanks to all who baked, came, drank,
served, washed up, etc.*

Come up to the church and join us!

Day	Activity
Monday	Pilates 9:30-11:00am and 11:30-1:00pm
Tuesday	Shap Medical Practice prescriptions collection 10:00-11:00am  Yoga 7:00-8:15pm
Thursday	Boccia 1:30-3:30pm (fortnightly)
Friday	Bingo – 2 nd Friday of the month 7:30-9:00pm
Saturday	Orton Farmer's Market – 2 nd Saturday of the month 9:00-2:00pm
Sunday	Vinlife Church 10:30am-12:30pm Yoga 7:00-8:30pm (last Sunday of the month)

Boccia 015396 24465, **Vinlife Church** 015396 24253,
Pilates 07375082111, **Yoga** 07950435136

Bookings: book through our website:
ortonmarkethall.co.uk

ORTON VILLAGE

Come & join us for the annual

"Spring Clean" Litter Pick

Sat 21st & Sun 22nd March 10am

Meet at the Market Hall

ALL EQUIPMENT IS PROVIDED

Contact: Menna or Paula

07534 243664 / 07768 477179



BINGO

ORTON MARKET HALL

FRIDAY 13th March

**ALL WELCOME
7-30pm**

**TEA AND COFFEE
RAFFLE**

Money raised to

**RSPCA
And
ORTON MARKET HALL**

Forthcoming Date

**10th April
8th May
10th June**



News from Orton School



Our very own Mrs Woodmass (Early Years Teacher) has travelled to Ankoma in Ghana as part of the Ankoma Outreach work. We have all worked together to raise money to help support the community. We have loved learning about life and having a positive impact on a different part of the World. We are very proud of Mrs Woodmass.

An interview with Mrs Woodmass by Aoife

'How do you feel about going to Ghana?'

'I feel nervous but excited for the adventure.'

'Do you feel prepared?'

'Yes, in ways, I've had all the vaccinations but am struggling to fit everything in the suitcases!'

'What are you hoping to achieve whilst you're out there?'

'I am hoping to help renovate classrooms, learn about their culture, work collaboratively with the teachers there and Orton school to learn about Ghana.'

'How much money did Orton school raise and what do you hope it will go towards?'

'We raised almost £1800! But £200 were for resources we (Ankomah outreach) are hoping to use this for supporting renovations and building a library.'



Football shirts by Theo

We have been collecting football shirts for Mrs Woodmass to take to Ankoma for the children.

Each child in school has handpicked a friendship bracelet to go with it. We took a picture with the football shirts, there are lots of different coloured friendship bracelets but they all do the same thing to make the children happy! Football shirts are good because they can stretch to fit when you are older and when they do get too small you can pass it down to younger sibling, cousins or friends. They are short sleeved which means the children won't get to hot.

Talent show

On the 28th January we had a talent show (Orton's got talent). We had a variety of different talents shown (dances, magic, singing solos and a family game). The schools Eco Committee were amazing hosts. We did this to raise money for the Ankoma outreach charity we raised approximately £1800. In the end everyone who came and stood on stage was a winner. A spectator quoted "It was so amazing that it blew my sock off!" Lucy M



The raffle prizes

On Wednesday 28th January we had Orton's Got Talent there was a pamper hamper, bottle hamper and chocolate hamper. The people who won were Freddie, Sadie, Freya' dad thank you to everyone who donated and bought tickets. By Jonah



Get in touch by email or phone:

admin@orton.cumbria.sch.uk / 01539624268

Follow us on Facebook: www.facebook.com/OrtonCEPrimarySchool

Keep up to date on our website: www.ortoncofeprimary.co.uk



**The Square,
Orton, CA10 3RH
015396 24225**

*****We sell a large selection of general grocery items
including your favourite branded items*****

Opening Hours – Village Stores

Monday	9 am to 6 pm
Tuesday – Saturday	8 am to 6 pm
Sunday	10 am to 12 noon

Opening Hours – Orton Post Office

Last Post Collection

Monday	9 am to 1 pm	3:15 pm
Tuesday	9 am to 5 pm	3:15 pm
Thursday	9 am to 5 pm	3:15 pm
Saturday	9 am to 4 pm	11:10 am

We hope to see you soon.

Jayne and Neville Grove

orton.village.stores@btinternet.com

Orton Methodist Chapel Anniversary Service

will be on
Sunday, 29th March 2026
at 10.30am
led by Rev David Wood



The service will be followed by lunch,
to which everyone is welcome to share

Contact Rachel Woolf – 24372 for further details

ORTON BOCCIA GROUP

We meet in **Orton Market Hall**,
generally every fortnight, on a **Thursday**
from **1.30pm to 3.30pm**

Thursday, February 12th and 26th

Thursday, March 12th and 26th.

£3.00 per session

*For more information, please contact:
Felicity Lawler 015396 24465*

Orton Methodist Chapel



Join us on Easter Day - Sunday, 5th April
at 10.30am

A service for all ages
Led by John Thompson



Egg hunt and pasche egg rolling for the children and refreshments afterwards

All are most welcome

For any further information tel Rachel Woolf 24372 or Ruth Bainbridge 24278

Public Notice

Manor of Orton CIC

Orton Manor Court

General Meeting

Monday 2nd March 2026 at 7:30pm in the
Supper Room, Market Hall, Orton

*The meeting is open to all, but only Freeholders in
Orton Parish whose names are on the Westmorland
and Furness Council Register of Electors are entitled
to vote*

The Agenda will be available on the night or by email
from 16th February If you would like an email copy
of the agenda please email:-

steward@ortonmanorcourt.co.uk

To request

**Tenders are requested for the following
Annual Grass Lettings (Sheep/Goats only)
May 1st 2026—April 1st 2027**

Lot 1.

Howes Quarry—Approximately 4½ Acres

Lot 2.

Small Parcel of Land at Field Head, Park Lane

Details available from :-

The Steward, Manor of Orton CIC, Rayne, Gaisgill,
PENRITH, CA10 3UD. Or
steward@ortonmanorcourt.co.uk

Sealed bids to be received by 5th April 2026

All Saints Church Orton Exhibition and Scarecrow Festival Saturday 23rd - Sunday 31st May

Welcome to Noah's Ark
Our brilliant volunteers have been busy making lots of different animals to go in the Ark more would be welcome.

Cream teas are served throughout the week if you would like to contribute cakes and scones please get in touch.

This yearly event is a very important fundraiser for the Church if you would like to support us please contact:

Brenda Iveson :24617
brendaiveson@btinternet.comm
Susan Thorpe: 24166
s.thorpe669@btinternet.com

Entries are welcome from anyone in Orton Parish and all children who attend Orton school.
Please contact Helen Wearmouth 24066
helenwearmouth12@gmail.com



Full-Time Nursery Places Available

Did you know that Orton CE Primary School offers Part-Time, Flexible or Full-Time Nursery Places for children from their 3rd Birthday?

Nursery care is offered from 8am—5.30pm Monday to Friday during term time.

Orton CE Primary School is a really happy and caring setting where experienced staff work hard to meet the needs of each individual child.

We accept Nursery vouchers and can support you with applying for any Nursery funding that you may be entitled to.

If you would like to find out more or arrange a no obligation visit please get in touch with either Vicky or Emma at the school on 015396 24268 / admin@orton.cumbria.sch.uk

<https://www.ortoncofeprimary.co.uk/>

Orton CE School is a happy place to learn, grow and thrive.

ORTON MARKET HALL Film Club! Tickets just £5

ORTON FILM CLUB
THE BALLAD OF WALLIS ISLAND
Wed 21st Jan 2026
7pm, Orton Market Hall



Tickets on the door: £5
Bar & snacks available

ORTON FILM CLUB
SUPERMAN 2025
Wed 18th Feb 2026
7pm, Orton Market Hall



Tickets on the door: £5
Bar & snacks available

ORTON FILM CLUB
I SWEAR
Wed 18th March 2026
7pm, Orton Market Hall



Tickets on the door: £5
Bar & snacks available

Join us for
popcorn, ice
cream and a
great movie!

Tickets on the
door. Reservations
not required

Orton Market Hall
www.ortonmarkethall.co.uk

ORTON VILLAGE Playground Spring Clean

Please come & join us to give our lovely playground a bit of a wash & scrub.

Let's get it ready for the Summer!



10.30am
Sunday 8th March

meet at the playground
Bring a bucket, brush & washcloths

Contact: Menna or Paula
07534 243664 / 07768 477179

THE HUB



**Tebay Community
Library & Drop In
in the Hub**

St. James' Church, Tebay

Every Monday morning
10.30am - 12.30pm

Refreshments
Books to borrow and buy
All ages welcome

Do you have any spare time on
Tuesday afternoons? Come and join
us at **TEBAY METHODIST SCHOOL
ROOM from 1.30pm — 3.30pm**

**for games & crafts,
a cup of tea & a natter.**

You will be very welcome!



Tebay Community Meal

**Meal at 12.30pm
stay until 4pm**

**Sunday 1st March
Tebay Methodist Hall**

We meet every month during the winter to
share a meal and a chance to chat, play
games, drink tea, do jigsaw puzzles, etc. etc.

Do come and join us — the meal is free,
supported by local organisations and individual
donations. **All welcome!**

Tebay to Allonby return, by bike!

Nine cyclists from the village will once again be
raising money for the Great North Air
Ambulance, with their 2026 challenge taking
them from Tebay to Allonby and back in a
circular route around Cumbria.

Jonathan Lewis is one of the nine riders taking
part and is looking forward to the event on June
19 and 20, which will be the third time he's
taken on the gruelling challenge.

He said: "This is going to be the third charity ride
we've done, we try and do them every two
years. It started in 2021, the air ambulance
launched a thing called race to the base and
they tried to encourage people to do 130 miles
on your bike in a month.

"To make it a bit of a challenge, me and
another lad from Tebay, Mark Foster, just
decided to do it on one day, we did 132 miles.
In 2024, we got a few more friends involved,
nine of us rode from Tebay to the air base in
Langwathby then to Eaglescliff and then on to
the RVI in Newcastle.

"For this one, we can't go much further
because it would mean riding into the night so
we were hoping to ride over 100 miles to
Allonby, stay over there and ride back to Tebay
on the Saturday."

The group are hoping to make the challenge a
community event this time, as they're inviting
anyone interested in taking part to join the
return journey.

Jonathan added: "This time we're hoping friends and family will join us at various points on the route home to try and make it a bit more of a village event."

"Tebay Sports and Social Club have said there's going to be entertainment on the Saturday night when we get back. They're putting a singer on and some food on for everyone that's taken part. Hopefully it should be quite a good fundraiser."

The group have set up a JustGiving page and Jonathan believes that the money raised is going to an important cause:

<https://www.justgiving.com/page/chris-stone>

He said: "With living in Tebay, we're pretty much 45 minutes away from Carlisle or Lancaster hospitals. It's a vital service, the air ambulance, for us around here."

Tebay Anglers

Annual AGM

With Buffet and Raffle

Saturday 14th March 7pm

Tebay Club

New Members Welcome

www.tebayanglers.com

TEBAY TWINKLES PLAYGROUP

TERM TIME 9-30 /11-30

**INVITE YOU JOIN THEM
EACH THURSDAY**

**COME & SHARE A COFFEE
WHILE THE CHILDREN PLAY!**

2026 Membership NOW DUE



As a members only Sports and Social Club, all patrons must be a member, or must be signed in by a current member. This helps us to keep our drinks prices low and goes towards supporting the fantastic community events we hold, often at very low cost or free, including hosting important life events such as weddings, birthday parties and funerals.

As most will be aware, we had a significant fundraising drive to sort our leaky roof last year, and are now in desperate need of a new kitchen and an upgrade of our toilet facilities.

In order to achieve this, as well as grant funding and fundraising, we have made the decision to increase membership prices to £20 this year having frozen them for the last two years.

This will allow us to continue to run the Club as a not for profit community venue and we hope that you will continue to get behind us and our events in 2026!

Opening hours
Weds, Thurs. Fri 7pm to close
Saturday 4pm to close
Sunday 3pm to close

Big Screen TV * Sky Sports * TNT Sports

Pool table * Snooker table * Darts boards

Function room & kitchen for hire
(free to hire for members)

Prize Bingo & Cash Bingo on
alternating Sundays

TEBAY SPORTS & SOCIAL CLUB



BINGO

**Easter
Bingo**

in memory of our friend Amanda James
all proceeds to Tebay Primary School

Saturday 28 March

Eyes down 7:30pm | @ Tebay Club

if you would like to support our fundraising with a donation of bingo or raffle prizes, please contact Rachel on 07545 086846

National Year of Reading

As part of the National Year of Reading, we are promoting a love of reading across the school. Each class has a new bookshelf filled with exciting books for children to read for pleasure. These books can be chosen in addition to, or instead of, their library book.



We have asked the children to share any ideas for books, authors, or series they would like us to buy—whether that's graphic novels, humorous stories, or information books on topics of interest.



How school has changed

We were delighted to welcome Sue Allen into Little Acorn and Acorn class at the beginning of January. As part of their topic in History 'how has school changed' Sue came in to share her memories and experiences of her school life.

The children loved hearing about the games Sue used to play, including cat's cradle, jacks, marbles and elastics. It was a wonderful opportunity to compare school life past and present and sparked lots of curiosity and excitement!

Thank you, Sue, for such a lovely and inspiring visit.

Year 5/6 Cricket Success.

Our Y5/6 children had a fantastic time at the Eden Valley Sports Partnership Dynamo Cricket festival at Kirkby Stephen Grammar School on Thursday 22nd January. The children showed great adaptability, with some of our pupils forming a mixed team alongside pupils from Beaconside C of E Primary School & Nursery.

This mixed team went on to win all of their games – a great achievement. There were runs galore, some excellent fielding on display, and it was brilliant to see the children confidently applying what

they've been learning in their Chance to Shine cricket sessions with Cumbria Cricket Ltd.

Well done to everyone involved – a great day of sport, teamwork and fun. The



children also showcased the new kit that was kindly sponsored by Westmorland Services.

Swimming Week at Woggle Goggle Swimming Pool and Activity Centre

Our whole school enjoyed splashing, kicking, and gliding through a fantastic week of swimming at Woggle Goggle, Penrith.

It was amazing to watch the children's confidence grow day by day — from hesitant first dips to proud, smiling swimmers. Their determination, teamwork, and enthusiasm made the week truly special. A big thank-you to the wonderful Woggle Goggle team for supporting our swimmers and helping them shine.



'A SMALL SCHOOL WITH A BIG HEART'

We have spaces available in our Nursery. Please contact the school if you would like any information.

Visit — by arrangement with the school

Online: www.tebay.cumbria.sch.uk

On FB: [facebook.com/TebayPrimarySchool](https://www.facebook.com/TebayPrimarySchool)

On Twitter / X: [@TebaySchool](https://twitter.com/TebaySchool)

Tracy Morland — School Administrator

admin@tebay.cumbria.sch.uk

Tebay Primary School Tel: 015396 24239

Bake your heart out!

Last month's **Families Together in Tebay and Orton** event was great fun, with a lot going on. Entitled "Bake Your Heart Out", and held a few days before Valentine's Day, Orton market hall welcomed people of all ages, and was decorated with various sized heart hangings and heart balloons.

Several tables were set out with crafts and baking to entice young and old alike to have a go, and get making. There was an amazing, pretend photo booth decorated with battery light up candles, streamers, ribbons and balloons. The kids loved having their photos taken, and some of the adults too.

Others were busy making dough and then shaping it into bread rolls ready to be proved and baked later. And Lego bricks galore were put together with much design flair by many of the children.

Next, everyone came together in four large teams ready for a Rocky Road challenge. Tables were groaning with chocolate, marshmallows, butter, pretzels, dried fruit, biscuits and so much more. Then the race was on to make the best Rocky Road in the allotted time, to a set basic recipe, making our own choice for some of the ingredients. Syrupy, chocolatey smells mingled with the aroma of baking bread coming from the kitchen.

Abbi, yes, *Bake Off Abbi*, judged each of the four teams magnificent Rocky Road efforts by sample tasting and carefully looking at ingredients used, as well as presentation. Yellow team were the winners!

Hooray, lunch time - what a feast we had. Freshly baked rolls, with a choice of delicious soups and grated cheese to top. To follow we chewed contentedly on Rocky Road over a cup of tea and friendly chat.

So, there was real enthusiasm put into the crafting and baking and mixing. And such attentive listening to the story about the love of a father for his two sons, which brought our happy time together to a close. Surely the theme of kindness, respect and love for each other is one that resonates through all generations.

Front page photo shows some of the children and adults working together to create their bakes!

Find out more at www.ftto.org.uk

Save Junction 38

As of February 2026, National Highways is facing intense pressure over planned 4-year, partially-closed, overnight/weekend maintenance works for the M6 Junction 38 (Tebay) to replace Lune Gorge bridges, starting in 2027.

Local businesses and MP Tim Farron have petitioned against this, citing "devastating" economic impacts on Tebay Services and surrounding areas, demanding temporary slip roads.

Junction 38 & M6 Key Updates:

- ✿ **Controversial Closures:** The 4-year project to rebuild bridges is expected to disrupt traffic, with concerns it could isolate Kirkby Stephen.
- ✿ **Petition Handed In:** In late January 2026, a petition was delivered to 10 Downing Street calling for changes to the plans.
- ✿ **Independent Advice:** Local residents engaged an engineering firm that suggested the work can be done while keeping the junction fully open, a proposal currently under review after initial rejection by National Highways.
- ✿ **Project Timeline:** Main work is scheduled to begin in 2027, with efforts ongoing to limit impact.
- ✿ **Local Action:** Westmorland and Furness Council has formally pressured National Highways to find a solution that keeps the junction accessible.

For the most up-to-date information:

<https://nationalhighways.co.uk/our-roads/north-west/m6-lune-gorge-structures/>



Sat 21st March: St James's Church, Tebay
Sun 22nd March: All Saints' Church, Orton

FAMILIES Together invites you to come and Experience Easter

Come any time between 2 & 4.30 pm
for your Easter experience!
(You'll need to allow about 1h 15mins)



Refreshments
provided

Explore the
Easter story
through
hands-on
activities for
all ages

Book your FREE place here:
<https://cutt.ly/FTTOee2026>



TEBAY AND ORTON WI

January weather can be problematic, and because the Tebay WI committee found it difficult to hire speakers for that month's meeting, in 1996 a decision was made to hold a show for Tebay WI members.

The aim of the competition was to encourage the members to showcase their baking and craft skills, and a class for those who were not so confident, to bring along specific items of interest. A trophy was donated in memory of our former member and President, Kath Hartley, and was to be awarded to the member gaining the most points. The winner of the first "January Show", held in 1997, was Pat Crackles, who won it again in 2007 as Pat Wolstenholme. The 1998 winner was Pat Eady, who won it six times in all.

In memory of Pat Eady, her family donated a trophy to our WI. Pat was a wonderful cook and a skilled craftswoman, and the committee chose to present the trophy to the competitor with the highest points in a specific class. The first year was a baking category to a set recipe from our WI cookbook. The second year it was a craft item, and so we alternate the categories. This year's competition was for a handmade item made of wool.

The winner was Angela Law, for her charming hand felted rabbit. Angela gained the most points overall which meant she also received the Kath Hartley Trophy. In second place was Jackie Huck, and Muriel Thornborrow came third. There were plenty of entries for the judge, Helen Murray, a member of Nateby and Wharton WI, to contemplate, and she was thanked by the President, Jackie Huck, and presented with a small gift.

Most of the winners of the trophies are still members of our WI, and as well as the two Pats, engraved on the trophy are the names of the late Ruth Parsley and the late Dorothy Carradice. Not only is the trophy a memorial to Kath Hartley, but it is also a memorial to our former members.



Winning Rabbit by Angela



L to R:
Jackie Huck, president,
Angela Law, winner and
Helen Murray, judge



Cumbria-Westmorland Federation of WIs

Tebay and Orton WI

Local Geology

Speaker: Teresa Brown



Wednesday 18th March 2026
at 12 noon

Tebay Methodist Church Hall

Visitors welcome, £4 entry includes refreshments



INSPIRING WOMEN

Fun and Friendship



INSPIRING WOMEN

Upcoming Events at ORTON MARKET HALL

March

13th	Bingo 7.30pm
14th	Farmers Market 9am-2pm
18th	Film Night: I Swear
20th	Coffee Morning 10am-12.30pm
20th	Fused Glass Craft Event 7pm
27th	Music: Old Baby Mackerel (Country/Bluegrass)

April

10th	Bingo 7.30pm
11th	Farmers Market 9am-2pm
17th	Coffee Morning 10am-12.30pm

May

8th	Bingo 7.30pm
9th	Farmers Market 9am-2pm
15th	Coffee Morning 10am-12.30pm



Orton Market Hall
www.ortonmarkethall.co.uk



Tebay Orchestra

Do you play a musical instrument?
Would you like to play music with other people?
No entry requirements, no auditions,
everyone is welcome
(Don't forget your music stand!)

Tuesdays 7.30-9.30pm
(during term time)



**Tebay Methodist
Church Hall
Tebay
Penrith
CA10 3XG**



Weekly £6 for members, £8 for non-members,
(discounts for students and termly payments)

For more information please email
events@cobweborchestra.org.uk
or visit: www.cobweborchestra.org.uk
@cobweborchestra

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**For any queries, please contact Richard
Best: richard.violin.1@gmail.com**

Join Us



Join Us

Free Stay and Play Sessions

Our Stay and Play sessions run every Tuesday in term time
1.30pm—3.30pm

These relaxed sessions are open to **all** parents / carers and
their children from birth to pre-school.

The more the merrier!

Refreshments provided.

Booking not required and there is no charge. Just turn up!

All very welcome.

(Note — You do not need to consider Orton CE School to be able to come along)

If you would like to find out more please get in touch the
01539 624268 / admin@orton.cumbria.sch.uk

Orton CE School is a
happy place to learn, grow and thrive.

**Families Together in Tebay and Orton
have a**

Marquee for hire

(10m x 4m, £50 per day)

Hiring it out helps them cover the cost of other
events — get in touch with them on FB
or email them at hello@ftto.org.uk for more info.

Mothers Day

*Brunch and
Family Celebration*

Sunday 15th March

*From 9.45am in
Tebay Methodist Church Hall
for a sausage sandwich,
then 10.30am at
Tebay Methodist Church
for a short, family-friendly
thanksgiving*

EXPERIENCE THE

★ **CHELTENHAM GOLD CUP** ★
AT TEBAY CLUB



The thrill of the track awaits you! Experience the adrenaline of the Cheltenham Gold Cup live at Tebay Club.

FRIDAY 13TH MARCH
TEBAY CLUB | FREE ENTRY

• OPEN FROM MIDDAY
• FIRST RACE 1:20PM
• GOLD CUP 4:00PM

• PINTS FROM UNDER £4
• FOOD AND SNACKS
• ALL RACES ON BIG SCREEN

Upper Eden

Community First Responders: Local People Saving Local Lives

In the Upper Eden Valley, emergency response times can be long due to our rural geography.

Community First Responders (CFRs) bridge that gap. Our trained volunteers attend 999 medical emergencies and provide immediate, potentially lifesaving care in critical situations such as cardiac arrest, breathing difficulties and loss of consciousness - where every minute truly counts.



Because early intervention dramatically increases survival, having local responders on hand is vital for our community.

Our team relies entirely on donations and fundraising to stay operational. Ongoing costs, like replacing equipment and maintaining community defibrillators, are not covered by the ambulance service. Continued financial support is essential to ensure we can keep responding when needed.

We also offer basic life-support and defibrillator training for community groups in exchange for a donation. These sessions help build local confidence and resilience, while directly supporting our work. Anyone interested in volunteering as a CFR is also welcome to speak with us.

If you or your organisation would like to book training, make a donation, or support our fundraising efforts, your help will make a real difference to the safety of our rural community.

If you want to find out more visit our website:

<https://uppereden.org.uk/>

or on Facebook at [UpperEdenCFR](#)

or by email at palphreyman@gmail.com

**Together, we can ensure this vital service is
there when every second matters.**

News from All Saints' Church, Kasese, Uganda

*parish linked with
All Saints', Orton*



WhatsApp messages and emails received

*From The Ven. Nelson Walina, new
Archdeacon of Hima*

26.1.26: My New Archdeaconry was inaugurated on 25th January 2026. The function was colourful. We hosted more than 1500 Christians, and all the Bishop's Office Staff attended the function.

One of the three girls that you help me to pay their school fees, came to stay with me for the whole month of January. They will begin school on 10th February 2026.

We replied: Dear Nelson, you are in our thoughts and prayers. May God bless you, guide you and encourage you in your new ministry at Hima.



2.2.26: Quick attention is needed for the water supply. Our new place is very dry; the tap water may only come on after 5 to 10 days, during the night. Melina sometimes wakes up at 2:00 AM to fetch about 4 Jerry cans. We really need a WATER HARVEST TANK of 10,000 litres, costing UGX 2.4million. (About £500) Kindly pass this challenge to our other friends of All Saints Orton Church. I had kept quiet to tell you, but my wife Melina insisted that I should tell you this challenge. It will be a surprise to Hima New Archdeaconry congregations. Actually



we are sorry to keep burdening you but we trust and believe that the LORD uses you mightily. Thanks for your prayers.

My birthday celebration will be on 15th February, it will be the collecting funds for: Harvest Water Tank, Plumbing and Renovation of the Vicarage so that it becomes clearly inhabitable.

4.2.26: We replied: Dear Nelson and Melina, we would like to give you a birthday present to help you with your new home, as we are so thankful for our comfortable home! I have sent you 2,383,780 UGX by Western Union. (Note for Link readers only: This money is from our Oil Syndicate annual fees!)

May Jesus, the Living Water, bless, refresh and cleanse you!

4.2.26: We are grateful to receive from you a big support and prayers.

Tomorrow, I will travel to the Municipality to Pride Bank and carry out transactions.

6.2.26 (after receiving the money): Thanks so much, dear friends. We are grateful to receive a lot of support from you. We are sincerely thankful.





CHURCHES Together IN Tebay

Easter Cream Teas

Tebay Methodist Church Hall

Saturday 4th April
3pm — 4.30pm

£6

Come and enjoy

Raffle

Services in our Anglican Churches

Sunday 1 March Lent 2 <i>Purple</i> <i>Welcomer:</i> Pam & Garth Blundell Genesis 12.1-4a Romans 4.1-5, 13-17 John 3.1-17 <i>Prayers:</i> Angela Milburn	Orton, 10.30am Holy Communion <i>Chris Jenkin</i> Elizabeth Crossley Margaret Longworth Angela Milburn	Tebay, 10.30am Songs of Praise at the Methodist church	Ravenstonedale, 10.00am All Age Worship <i>Team</i> Diana Fothergill David Morris
Sunday 8 March Lent 3 <i>Purple</i> <i>Welcomer:</i> Exodus 17.1-7 Romans 5.1-11 John 4.5-42 <i>Prayers:</i>	Orton, 8:30am Holy Communion <i>Brendan Giblin</i> Keith Capp	Tebay, 10.30am Service of the Word <i>John Thompson</i>	Ravenstonedale, 10.00am Holy Communion <i>Fran Parkinson</i> Richard Best Hilary Law
Sunday 15 March Mothering Sunday <i>Rose</i> <i>Welcomer:</i> Mary Jenkin 1 Samuel 1.20-end Colossians 3.12-17 Luke 2.33-35 <i>Prayers:</i>	Orton, 10.30am Mothering Sunday <i>Team</i> Mary Jenkin	Tebay, 10.30am Mothering Sunday at the Methodist church	Ravenstonedale, 10.00am Morning Worship <i>Charles Cowling</i> Ian Torkington David Farr
Sunday 22 March Lent 5 - Passion Sunday <i>Purple</i> <i>Welcomer:</i> Keith and Janet Capp Ezekiel 37.1-14 Romans 8.6-11 John 11.1-45 <i>Prayers:</i> Margaret Longworth	Three Churches Service at All Saints, Orton; 10:30am Holy Communion <i>Brendan Giblin</i> Garth Blundel Abbi Lawson Margaret Longworth Zoom meeting number: 894 1727 3600		
Sunday 29 March Palm Sunday <i>Red</i> <i>Welcomer:</i> Isaiah 50.4-9a Philippians 2.5-11 Matthew 21.1-11 <i>Prayers:</i>	Benefic Service at Kirkby Stephen Parish Church; 10:30am - <i>Brendan Giblin</i>		



Church Contacts Anglican Church

Vicar Brendan Giblin
 017683 39168 — 07477 049576
 revbgiblin@gmail.com
Curate Charles Cowling
Mission Community Admin
 Sue Wigley 07741 327318
 applebymc@carlisle-diocese.org.uk
Retired clergy
 Sandra Ward 24213
 (Penrith Hospital Chaplain)
 Christopher Jenkin 24410
Orton with Tebay
Churchwardens + Deputies

Linda Garrick 24262
 Keith Capp 26187
 Martin Lawson 26028
 Mary Jenkin 24410
Secretary
 Brenda Iveson 24617
brendaiveson@btinternet.com
Treasurer
 Bill Lawler 24465
Local lay ministers
 Rosemary Campbell 24837
**Ravenstonedale with
Newbiggin-on-Lune**
Churchwardens
 Ann Brownrigg 23594
 Martin Windle 07899 907958

Tim Parkinson 23353
Secretary
 Suesi Windle
suesi.windle@googlemail.com
Treasurer
 Tim Parkinson 23353
Methodist Church
Minister Revd Stephen Radford,
 017683 71202
stephen.radford@methodist.org.uk
Administrator Avril Swinbank
ksatcircuit@gmail.com
Roman Catholic Church
 Fr John Winstanley
 Church of Our Lady of Appleby
 01768 862273

Services in our Methodist Churches and other churches

2026	MARCH				
	1st	8th	15th	22nd	29th
Special Sunday	Lent 2	Lent 3	Lent 4 Mothers Day	Lent 5	Palm
Brough 10.30am	at B. Sowerby	LA	P Hilland	Betts HC	S Radford
6.30pm	---	at B. Sowerby	---	---	---
Brough Sowerby 10.30am	Newlove	LA	Carter	at Brough	at Brough
6.30pm	---	J Morton Cxn	---	---	---
C Garrett 6.30pm	D Marston	at B. Sowerby	U / 10:30am at St Andrews	Carter	S Radford
Kirkby Stephen 10.30am	J Morton CA	Shared Worship	Betts	P Hilland	LA
6.30pm	---	at B. Sowerby	---	---	---
Newbiggin on Lune 10.30am	Dave Jackson Themed	Capstick Themed	Hutchinson Themed	S Radford HC/Themed	G Holland AAW
6.30pm	---	at B. Sowerby	---	---	---
Orton 10.30am	M Lawson	R McGregor	@PC / U	T Longworth	Rev D Wood CA
6.30pm	---	at B. Sowerby	---	---	---
Ravenstonedale 2.00pm	Newlove	S Radford	Betts	LA	Askew
6.30pm	---	at B. Sowerby	---	---	---
Shap 10.30am	S Radford HC/Cov	---	---	---	---
6.30pm	---	at B. Sowerby	---	---	---
Soulby 10.30am	---	S Radford	---	OA	---
6.30pm	---	at B. Sowerby	---	---	---
Tebay 10.30am	H Radford U	LA	S Radford U HC	J Worsfold	at Orton
6.30pm	---	at B. Sowerby	---	---	---
Winton 10.30am	D Marston	AAW	H Radford	J Harrison	Betts
7.00pm	---	at B. Sowerby	Get Together	---	---

New Beginnings Church

welcomes you to visit their new venue in Castle Street Centre, Kendal at 11.15am for a time of praise, hearing God's word and prayer followed by lunch.

**Contact Barry on 07437468896
or email nbccumbria@gmail.com**

*An Iona prayer for Ash
Wednesday helps focus our faith
during Lent 2026:*

Choose this day!

Choose this day
whom you will serve;

**WE WILL CHOOSE
THE LIVING GOD.**

The road is narrow
that leads to life;

**WE WILL WALK
THE WAY OF CHRIST**

Faith is not holding on;
FAITH IS LETTING GO.

We offer more than
our words, O God;

WE OFFER YOU OUR LIVES!

The Lord bless you all this Lent
with His leading and His light.
Amen

Baptisms, Weddings and Funerals

For any **Anglican** churches, if you want to make enquiries about a baptism please contact your local Church. If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator: Sue Wigley on 07741 327318

or applebymc@carlisle-diocese.org.uk

For any **Methodist** church requirements for membership, marriage, funerals, etc. please make contact in the first instance with Rev Stephen Radford:
stephen.radford@methodist.org.uk

For anyone wanting to receive **home communion** or in need of **pastoral support**, there is provision for Pastoral Care in Orton, Tebay and surrounding area. All Saints and St. James' Churches are beginning the process of establishing a Pastoral Care Group. Members of the group will be available to visit and chat to people. If you know of anyone who would appreciate a visit please contact the group co-ordinator Andy Glanville on 07803 424624 or andyvglanville@outlook.com.

If Home Communion is required, please contact Rev. Sandra Ward on 015396 24213. Rev. Brendan Giblin, Priest in Charge, is also contactable on 017683 39168.



Traditional Sunday Roast

Served every Sunday 12.00-14.00

(March — October)

**Choose from a choice of roast meats,
served with Yorkshire pudding,
seasonal vegetables, crisp roast
potatoes & rich gravy**

(Vegetarian Option Available)

£15.95pp

Add Starter £5.00

Add Dessert £5.00

Children's Menu Available



Shap/Cumbria/CA10 3QU

Booking advisable

Call 01931 716628 to make your reservation

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Ground Floor Office Unit 3,
 139 Green Farm Business Park,
 Shap, Penrith, CA10 3PW.

paragon

GUMBRIA
 GRASS CUTTING

Grass cutting and general garden maintenance
 Power washing patios and drives
 Contact Will on 07949760406

Allens of Eden

No bus? Need a minibus to or from town,
 train station, airport or other days out?



**Max 8
 Passengers**

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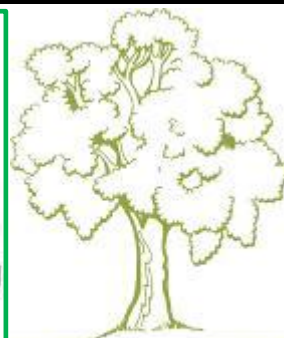
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Local church websites:

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