

The Link

The Church & Community magazine for Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay



July & August 2026

The Link

Published by the
churches and communities in
and around Newbiggin-on-Lune,
Ravenstonedale,
Orton & Tebay

If you want to sign up to receive
The Link electronically, you can
do so using this web page link:
www.linkmagazine.org/signup

The Link magazine is put together by
a group of willing volunteers in our
villages, drawing on contributions
from across our villages. It is funded
by a mix of subscriptions and
donations from individuals and
organisations, as well as advertising
from local businesses.

The magazine doesn't have a strong
editorial policy or position, trying to
share almost everything we're sent
from individuals and organisations in
our communities, but the editorial
team do reserve the right to choose
what to publish in the magazine.
Views expressed in The Link are not
necessarily those of the editorial
team, and we reserve the right to
amend material submitted prior to
publication.

Do please get in touch with us if you
have any questions, concerns, ideas
or want to volunteer. The simplest
way to do that is by email at
TheLinkMagazine@outlook.com

Thanks again for reading, sharing &
submitting your news and events.

Elizabeth, Linda, Martin, Paula & Tristan

We're always looking for photos and
write-ups of local events. If you have
a photo which could be on the front
cover, ideally of local people at a
local event, then do please send it in.

**This month's front page photo is from
the All Saints, Orton exhibition**
Photo credit: C Jenkin

Are we all just too busy with life
to find time for other things?

Here in the volunteer team
that organises The Link we
don't think so, carving out
time to call late payers, find
new advertisers, put together
stories, chase up copy, etc.
We know as well that several
of you get busy once a month
helping deliver The Link
(thanks!).

We put out a request for
feedback in last month's
magazine, and so far haven't
had **any** feedback. So, we're
going to repeat the call this
month too. The Link magazine
is a volunteer run church and
community magazine. It
started its life as an Anglican
church parish magazine and
has re-focused gradually to be
a bit broader in both church
and community terms.

Those of us who are involved
each month in putting it
together, or distributing it to
your door, only do it because
we believe that the magazine
is a helpful tool to share our

news, encourage
participation in our events,
and build our communities
across our villages.

**However, we would love to
hear more about what you
think** — you can do that in
several ways. Simplest for us
would be if
you fill in this
online form —
either scan the
QR code with
your phone, or
enter this into
your web
browser:



dub.sh/LinkFeedback26

If that doesn't work for you,
you could drop us an email at
TheLinkMagazine@outlook.com
or even write us a letter and
send it to: The Link Magazine
c/o The Old Post House, Mount
Pleasant, Tebay CA10 3TH.

Enjoy this edition & have a
good summer. We're back in
September with the next issue.

*Elizabeth, Linda,
Martin, Paula & Tristan.*

More news on the Lune Bridge works on page 10

Engaging with The Link magazine

There are lots of ways you can engage with The Link — first and
foremost, do please send us your news, articles, updates, photos,
poems, etc. **Email them to** TheLinkMagazine@outlook.com

If you want to advertise, (which is how we pay for much of the
printing costs of the magazine), do please get in touch — it currently
only costs £6 per smallest 'square' of advertising per month (email
as above if you want to know more).

If you want to support us financially, visit this link:
cutt.ly/LinkDonate or scan the QR code on the right
with your phone, or get in touch if you need another
way to do so.



Thank you again for all your support!

THE DEADLINE IS THE 13TH OF THE MONTH FOR THE NEXT ISSUE

Please send all copy (ideally not PDF format) including advertising to:
TheLinkMagazine@outlook.com

Payment for advertising or remittance advice to:
Linda Garrick, 015396 24262 / finance@linkmagazine.org

New Bishop of Penrith consecrated

Hundreds of people gathered at York Minster recently as the new Suffragan Bishop of Penrith was consecrated.

Bright sunshine welcomed the Rt Rev Michael Leyden as he emerged onto the Minster's western steps following the two-hour service which began at 11am and was presided over by the Archbishop of York, Stephen Cottrell.



Bishop Michael, who comes to his new ministry having been the founding Dean of the northwest's Emmanuel Theological College (ETC), said: "This has been a wonderful day. I am grateful to God for guiding me to this point and to my friends and family for all their prayerful support in the run up to today's consecration. It was fantastic to see so many of them in the Minster. I felt very emotional on hearing the cheering and clapping as those in the Minster officially welcomed the new bishops.

"I humbly take on this ministry, recognising the enormity and complexity of the role and understanding the need to prayerfully seek the Holy Spirit's guidance. I feel ever more drawn to the places and people of Cumbria, a county I know well from my time serving those training for ordination and lay leadership with Emmanuel. I'm excited to think of the mission I am joining in this special county, and the journey God will take us all on in the years to come."

Dozens of people from the Diocese of Carlisle and from ETC, travelled to York to support Bishop Michael and witness his consecration, alongside those of the Rt Rev Rick Simpson as Bishop of Durham, and the Rt Rev Simon Robinson as Bishop of Warrington. The service began with the processional hymn 'Praise to the Lord, the Almighty'. After prayers, the Bishop of Carlisle, the Rt Rev Rob Saner-Haigh, formally presented him for consecration prior to those bishops present conferring a spiritual blessing by the laying on of hands.

Cumbria's heritage was reflected within the consecration. Bishop Michael was presented with a silver Bishop's ring made from recycled argenteum, designed and fashioned in the style of a mitre (a Bishop's hat) by Ulverston jeweller Nisha Postlethwaite of Nisha's Halo. Members of ETC have also commissioned Nisha to produce a silver pectoral cross, in the style of the Emmanuel cross. The Diocese of Chester gifted a Bishop's crozier (a staff).

Bishop Michael, who is married to Anna, a serving vicar in Chester, will take up his role in the summer and will live in Clifton near Penrith. He will have responsibility for further developing discipleship, vocations and leadership as well as supporting the Diocese's 104 church schools.

Archbishop Stephen said: "I love Cumbria and the Diocese of Carlisle - it's a place I've visited many times.

Carlisle Diocese news

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Can't find what you want?

Let us know and we'll see if we can find ways to change — we know people want more photos and more local news — you can help with that!

NEWBIGGIN-ON-LUNE CHAPEL SUNDAY SERVICES 10.30am every Sunday

A Warm Welcome to Everyone
Tea and Coffee to follow after the Service

We have the following meetings,
please contact us for further details:

**Coffee Morning, Prayer & Share,
Sunday School, Bible Study,
Men's Meeting, Ladies Meeting**

For further information please contact:
Wilfred - on 015396 23600 or
Angela on 07980 418078

Junior Church

1st and 3rd Sunday
of every month
at Newbiggin Chapel

LUNE LADIES

Thursday 9th July

Our outing will be to
Tennants Auctioneer, Leyburn.
Meet at Newbiggin on Lune village hall 9.30
and Tebay at 9.40 for car share.

Wednesday 5th August

Outing to Conishead Priory.

Meet Newbiggin on Lune village hall.10.am,
Tebay 10.10am car share.

All Welcome

All Age Family Service

**Sunday 30th August, 10:30am,
at Newbiggin on Lune Chapel,
service led by Mr & Mrs Grimshaw!
Tea and biscuits to follow**



NEWBIGGIN ON LUNE PUBLIC HALL
Available for Hire!

7 DAYS A WEEK
A WELCOMING SPACE FOR EVERY OCCASION!

OUR FRIENDLY, USER-FRIENDLY HALL provides modern facilities and is available to hire 7 days a week for a wide range of events:

- PRIVATE PARTIES
- WEDDINGS, FUNERALS & CHRISTENINGS
- CLASSES & COMMUNITY GROUPS
- MEETINGS & CONFERENCES
- FUNDRAISING EVENTS

FACILITIES INCLUDE:

- SPACIOUS MAIN HALL SEATING FOR UP TO 100 PEOPLE
- STAGE WITH CURTAINS
- FULLY EQUIPPED KITCHEN: Microwave, hob, oven, fridge-freezer, crockery, cutlery & glassware
- STEP-FREE ACCESS RAMP FOR THOSE WITH MOBILITY PROBLEMS
- HEARING LOOP
- INTERNET ACCESS
- PROJECTOR

HIRE CHARGES*

KITCHEN ONLY	£15
HALL & KITCHEN	£30
HALL, KITCHEN & PAY BAR	£70

*A SESSION IS A MORNING, AFTERNOON OR EVENING (THREE SESSIONS PER DAY)

Great Venue Great Community!

FOR BOOKINGS AND ENQUIRIES CONTACT -
07474 442248 or newbigginonlune@btinternet.com

FIND US ON FACEBOOK - NEWBIGGIN-ON-LUNE PUBLIC HALL

SUPPORTING OUR COMMUNITY - A PLACE FOR EVERYONE!

CHURCH In the MARQUEE

**Sunday 23rd August
10:30am**

On Ravenstonedale show field
CAR 17 MY

Service led by John Morton

All Welcome

Open Air Service

Sun 12th July, 10:30am
on the Village Green

Wes Brewer will be speaking followed by
bring your own picnic lunch



COFFEE ~ CHAT ~ COMMUNITY

Coffee morning

Every 2nd and 4th
Tuesday of the month



10:30am-12
@Newbiggin Chapel



Bacon Butty CHURCH

OUR NEXT BACON
BUTTY CHURCH IS
SUNDAY 9TH AUG.

IAN HARTLEY WILL BE
SHARING WITH US

@NEWBIGGIN-ON-LUNE
CHAPEL, 10:30AM



Westmorland Dales Festival

Kirkby Stephen
Saturday 25-Sunday 26 July 2026

Join us to celebrate the
wonderful Westmorland Dales!

The Westmorland Dales Festival is
back, this year celebrating its
10th anniversary with a packed



SUMMER FAMILY BBQ

Friday 17th July 2026 from 6:30pm

Newbiggin on Lune Public Hall

Adults £12, Children £6

Raffle/Pay bar

TICKETS LIMITED - PLEASE BOOK

When booking, please make us aware of any dietary requirements

Food served 6:30pm to 7:30pm

Ian Clayton - 015396 23226

Charlotte Mason - 07474 442248

Laura Fowler - 07913 676302

RAVENSTONEDALE COMMUNITY AND HERITAGE CENTRE

REGULAR SESSIONS AND MEETINGS:

Monday – Circuits with Jan Hardcastle for Men (5-6pm) (07876508027)

Monday – Circuits with Jan Hardcastle for Women (6-7pm) (07876508027)

Tuesday – Pilates with Fiona Woolnough (6-7pm, 7:15-8:15pm) (Clara 07900074886)

Thursday – Ravenstonedale Parish History Group (2-4pm) (Val 07798688057)

First Sunday of the month – Sound Bath with Ann Wappett (4-5pm) (07890336445)

First Monday of the month – Community Coffee Morning (10-12pm)

Monthly – Saturday Sewing Workshop with Jan Hardcastle (07876508027)

For more details or if you would like to join our creative hub, please get in touch

Ravenstonedale Tennis Court and Club

Social Nights

Meeting every second and fourth Thursday of the month, from 7 pm.

Upcoming dates: July 9th and 23rd; August 6th and 20th; Sept 10th and 24th

Everyone and all standards welcome. Free for members, £2 for non-members.

Annual Summer Gathering

Saturday 8th August, 2pm to 5pm

Bring and share afternoon tea.

Hot drinks and scones will be provided.

We'll play some tennis.

Everyone and all standards welcome.

We welcome non-members and spectators to join us. Equipment can be provided.

If you would like to find out more, or become a member, please email: ravenstonedaletennisclub@outlook.com

RAVENSTONDALE COMMUNITY & HERITAGE CENTRE



C o f f e e & C h a t

Held on 1st Monday of the month
10.30am to 12 noon

All Welcome

We would love to see you!

** No fixed charge but donations towards the Centre running costs are very welcome*

Book Swap / Borrow available



ST OSWALD'S - SAVE THE DATES!

26th September at 5pm:

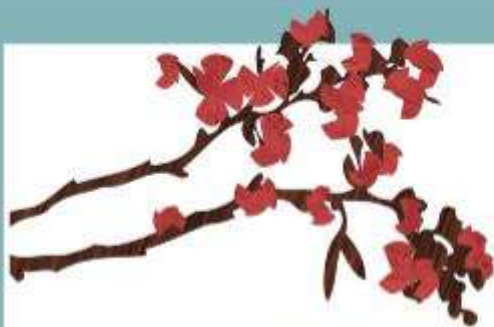
Organ Recital by Adrian Self, recently retired
Director of Music at Cartmel Priory

4th October at 10am:

Harvest Thanksgiving Service followed by
Lunch at Newbiggin on Lune Village Hall



St Oswald's Parish Church
Ravenstonedale, Kirkby Stephen, Cumbria



DISCUSSION GROUP

JOURNEYING TOGETHER IN OUR FAITH AND
LEARNING WHAT THE BIBLE HAS TO SAY TO US

WE WILL BE MEETING
EVERY FIRST TUESDAY OF THE MONTH

FROM 2.00PM -3.30PM

RAMSHEAD, RAVENSTONEDALE, CA17 4NG

All are welcome, of all faiths and none, to come along
for an informal discussion with refreshments! Please
register your interest so we know how many to
accommodate. ☺

FOR MORE INFORMATION CONTACT: FRAN @ 07500 876761
OR ROWENA @ 07968 420535



St Oswald's Parish Church
Ravenstonedale, Kirkby Stephen, Cumbria

YOUR LOCAL CHURCH NEEDS YOU! ☺
We are looking for willing volunteers to help with

Our BOON DAY
in the Churchyard on
Saturday 11th July from 9am
(or 18th July if rain stops play!)

Please help us to keep our grounds well-tended
and do bring along any garden tools you might have.
Refreshments will be provided.

Our CHURCH CLEANING
Are you able to give a few hours every two months?
Our building is open every day to the public and for our
various of services, plays and concerts but we are looking
for help to keep it tip top. Times/dates can be flexible.

For further information please contact
Anne Brownrigg on 015396 23594

All help will be very gratefully received!
Thank you.

RAVENSTONEDALE PARISH HISTORY GROUP WEDNESDAY 16TH SEPTEMBER 2026

2.30 PM

Newbiggin on Lune Public Hall

HISTORY OF THE LAKELAND DIALECT

WITH

Jean Scott-Smith

From Shap History Society

Admission: Members £4.00 Non Members £6.00

'FRIENDS' Free

including refreshments

For more information contact

Val Fermer on 07798 688057

or e-mail history@ravenstonedale.org



**TO CELEBRATE 150 YEARS OF THE SETTLE-CARLISLE
RAILWAY**

THE VAGABONDS THEATRE COMPANY PRESENTS

LIVES ALONG THE LINE

An entertainment in words and music

Written & directed by Joan Barnard

4th July, 2026 Appleby Public Hall 12.30pm

5th July, 2026, Victoria Hall, Settle 12.30 pm

Tickets available online at [Ticketsource.com](https://www.ticketsource.com)



11th July & 9th August

All Saints Coffee Morning at the Farmers Market

Tea, coffee, scones, cake,
Bric-a-brac

£386.80 raised at the June coffee morning

Come up to the church and join us!

Orton Church Exhibition – a huge THANK YOU!

This year's Exhibition at Orton Church at the end of May, "Welcome to Noah's Ark!", was, as usual, **amazing** - and lots of people have said that they thought it was the best ever!

We are so aware that the planning and sheer hard work of preparation and creation went on for many months before the final set-up of the display. We are all astonished at the creativity and imagination and skill that went into it all, as well as the hours and hours of sewing and construction and invention and painting.

We are so privileged to have such a team who devote themselves, year after year, to this project on behalf of their parish church and their village, and in the name of all members not just of the church but of the whole community we just want to say – "Thank you all!"



It was a joy to hear families coming in to church, with exclamations of amazement and excitement from the children as they looked around at the display, and sometimes from their parents too!

Thank you, too, to everyone who provided delicious cakes and scones, and to those who served them; the delicious cream teas were as



Day	Activity
Monday	Pilates 9:30-11:00am and 11:30-1:00pm
Tuesday	Shap Medical Practice prescriptions collection 10:00-11:00am  Yoga 7:00-8:15pm
Thursday	Boccia 1:30-3:30pm (fortnightly)
Friday	Bingo – 2 nd Friday of the month 7:30-9:00pm
Saturday	Orton Farmer's Market – 2 nd Saturday of the month 9:00-2:00pm
Sunday	Vinlife Church 10:30am-12:30pm Yoga 7:00-8:30pm (last Sunday of the month)

Boccia 015396 24465, **Vinlife Church** 015396 24253,
Pilates 07375082111, **Yoga** 07950435136

Bookings: book through our website:
ortonmarkethall.co.uk

popular as ever.

We don't forget all those involved in publicity too – with those splendid new banners around the village, and all the signs and posters. And we don't forget all the clearing up at the end – hours of hard, physical work dismantling the exhibition and cleaning the entire church.



We were blessed with superb weather all that week, which encouraged people from far and wide to go round the village to inspect the wonderful "scarecrows" which our community produced – as usual, with fun and imagination; and that all was part of the week's pleasure and success.

The scarecrows were fabulous to – thank you to all who entered.

It takes a small dedicated team to work through winter to enable such a wonderful exhibition to be staged, but a much larger group must volunteer to make the nine day event happen. Every task is important so please be assured – your contribution large or small is recognised and appreciated.

The total raised for the church was £5722.00.

Equally as important is the pleasure you all gave to so many people.

THANK YOU, EVERYONE!

from the Parochial Church Council
of Orton with Tebay

Upcoming Events at ORTON MARKET HALL

July	
10th	Bingo 7.30pm
11th	Farmers Market 9am-2pm
17th	Coffee Morning 10am-12.30pm

August	
8th	Bingo 7.30pm
14th	Farmers Market 9am-2pm
21st	Coffee Morning 10am-12.30pm
22nd	Breast Cancer Afternoon Tea

September	
5th	Old Baby Mackerel
11th	Bingo 7.30pm
12th	Farmers Market 9am-2pm
18th	Coffee Morning 10am-12.30pm

Film club is back in September - details to follow



Orton Market Hall
www.ortonmarkethall.co.uk



The Square, Orton, CA10 3RH 015396 24225

*****We sell a large selection of general grocery items
including your favourite branded items*****

Opening Hours – Village Stores

Monday	9 am to 6 pm
Tuesday – Saturday	8 am to 6 pm
Sunday	10 am to 12 noon

Opening Hours – Orton Post Office

Last Post Collection

Monday	9 am to 1 pm	3:15 pm
Tuesday	9 am to 5 pm	3:15 pm
Thursday	9 am to 5 pm	3:15 pm
Saturday	9 am to 4 pm	11:10 am

We hope to see you soon.

Jayne and Neville Grove

orton.village.stores@btinternet.com



Pothole prevention programme

Westmorland and Furness Council is investing £3.4 million in a surface dressing programme that, by the end of August, will see 67 miles of road sealed with a preventative treatment that improves the carriageway surface and delays the development of potholes for up to 10 years.

The 60 roads included in this year's programme have already been prepared and permanently patched, ready for the surface dressing to be applied. Over the coming weeks, more than 650,000 square metres of road surface will be improved.

The roads benefitting from this year's investment have been prioritised based on proactive inspections to detect when a road is showing early signs of deterioration. By catching small issues early, it prevents them turning into big problems which require more costly solutions, such as full resurfacing or reactive pothole repairs.



BINGO

ORTON MARKET HALL

FRIDAY 10th JULY

**ALL WELCOME
7-30pm**

**TEA AND COFFEE
RAFFLE**

Money raised to

SCLERODERMA
(a chronic autoimmune disease)
And
ORTON MARKET HALL

Forthcoming Dates
14th August
11th September
9th October



ORTON "BOCCIA" GROUP

- a sitting down version of boules

We meet in **Orton Market Hall**,
alternate **Thursdays**
for fun & friendship **1.30pm to 3.30pm**

£3.00 per session

Restarting in the autumn:
September 3rd and 17th
October 1st, 15th and 29th
November 12th and 26th

For more information, please contact:
Felicity Lawler 015396 24465

CHARITY FUNDRAISING

AFTERNOON TEA EVENT

RAISING MONEY FOR
BREAST CANCER

**22ND AUGUST 2026
2-4:30PM
ORTON MARKET HALL**

Luxury afternoon tea including finger sandwiches, sausage rolls, homemade Jam & scones with jam & cream raffle
Bottle raffle & luxury hamper raffle
Prosecco will also be available

RESERVE by emailing
breastcancerteat2026@aol.com



THANKS FOR YOUR SUPPORT

News from Orton School

Year 3 and 4 recently went to Kepplewray on their residential. Here, they tell you about some of the highlights!

ROOMS

The rooms were cosy, calming and had four or five people on them, we could play games in them, and we had lots of space in them. Harry, Xander, Harrison, Jim and Josh shared a room. Xander did a merry dance a round the room! Every night and every morning we would have a room inspection. After the first room inspection, the boys teamed up to win and one of the teams managed to win! Sadie, Harry & Joshua



Crate stacking

On residential, we did crate stacking in groups. In our group we had Sadie, Jim, Lars and Linus. We had to put crates down and then climb on them. We also had to count how many crates up we were. When we got to ten crates high, Linus started shouting stuff like, "We're pigs for slaughter!" Linus's fears of heights were just too big! We got to eleven and then Sadie fell off but we had harnesses on, so she didn't fall straight off. Instead she swung at Jim and took him off! Then she tried to knock me and Linus off but she missed. She sent the crates tumbling to the ground with me and Linus on them. I tried to grab onto a crate and succeeded but Linus wasn't as lucky. He couldn't find a crate to hold onto. But eventually I was lowered onto the floor, I looked up just in time to see a crate fall off the top of the stack and hit me on the ankle!

By Lars and Linus.

Walk to Cathedral

On Thursday, we did a long walk to Cathedral Caves. Whilst we were walking, Saskia found a rock and Orla named him Gerald. When we got to the caves, we sung a song (I had a tiny turtle, his name was tiny Tim, I put him in the bathtub, to see if he could swim. He drank up all the water, he ate a bar of soap, and now he's in his bedroom with bubbles in his throat). Then we went into a really dark cave and it was pitch black. We also had hot chocolate and Bethany really liked it!

By Orla & Bethany



Bushcraft

On Friday, on our last day of residential, we did bushcraft. We went to a forest and sat on some tree stumps. We had flint and steel and lit cotton wool and after that we roasted marshmallows. They were delicious! We had such a fantastic time but sadly we had to go back to school!

By Saskia & Aria



Archery

On the last day, we did archery. First, we got points for hitting different colours. Mrs. Pomfret hit the balloon which was two extra points! Then we played a holiday game where the number hit decides where you go on holiday, how you get there and who you go with. On Sophie's turn she was going to the sun with Donald Trump by pogo-sticking! Olivia got to go to Hawaii with Gerald by falling over!



Get in touch by email or phone:
admin@orton.cumbria.sch.uk / 01539624268

Follow us on Facebook: www.facebook.com/OrtonCEPrimarySchool

Keep up to date on our website: www.ortoncofeprimary.co.uk

Raynebow Farm Open Weekend: A Celebration of Farming, Food and Nature

What a fantastic weekend we have had at Raynebow Farm as part of Open Farm Sunday. We were delighted to welcome so many visitors from Orton and the surrounding area to spend time on the farm, meet our animals, and learn more about farming in the Eden Valley.

The weather was kind, the animals were on their best behaviour (mostly!), and it was wonderful to see families enjoying everything from the nature trail and crafts to wool activities, soap-making demonstrations and meeting our rare breed Golden Guernsey goats and Ryeland sheep.

One of the highlights for many visitors was the opportunity to explore parts of the farm that are not usually open to the public. The nature trail offered a chance to view the historic 17th-century Rayne Bridge from a completely different perspective, while learning about the habitats, wildlife and conservation projects that help shape our corner of the countryside.



Visitors were able to discover how traditional techniques such as hedge laying and willow coppicing are being used to benefit wildlife, alongside our ongoing riverbank restoration work on the River Lune. Through natural methods including willow spilling, we are helping to stabilise eroding banks, improve habitats and protect this important landscape for future generations. It was encouraging to see so much interest from visitors keen to learn how farming and conservation can work hand in hand.



Food is, of course, a huge part of farming, and we were delighted to offer visitors the opportunity to learn where their food comes from and to sample our own heritage, slow-reared hogget, lamb and

goat. Judging by the feedback, many people discovered a new favourite! It was particularly rewarding to have conversations about native and rare breeds, sustainable farming, and the importance of supporting local food producers.

Open Farm Sunday is all about connecting people with farming, and it was fantastic to share the work that goes into producing food, caring for livestock and managing the environment. We have been overwhelmed by the support, encouragement, and kind comments we received throughout the weekend.



A huge thank you must go to our volunteers, friends and family who helped make the event possible. Their hard work and enthusiasm ensured that everyone received a warm Raynebow Farm welcome.

For those who enjoyed their visit, keep an eye on our social media pages for future events. We have a number of traditional craft and rural skills workshops planned throughout the year, and there may also be opportunities to purchase locally reared lamb, hogget and goat directly from the farm in the coming months.

Thank you once again to everyone who visited. We look forward to welcoming you back to Raynebow Farm soon.

Philippa, Andrew, Gwen & Anthony
The Raynebow Farm Team



New vicar?

Hopefully later this year we will be appointing a new vicar for Orton, Tebay and Ravenstonedale. The method of selection has changed with only a small committee, representatives from each church and the diocesan clergy. A bit different from many years ago when everybody in Orton had a vote.

The Daily Dispatia, in 1910 had this to say:

The little village of Orton, hidden away in a wild and bleak part of Westmorland, was the scene yesterday of a curious contest for the villagers, according to an ancient trust, voted for their new vicar. There were 14 candidates and the Rev H F Tilbury from Whitely bay, Northumberland, headed the poll with 58 votes and so was declared elected.

On the next page of the paper the headline was, 'Vicar chosen by vote, where wives have more rights than husbands'

The resident landowners of the original parish of Orton, Westmorland, which formally included the separate ecclesiastical parish of Tebay, have the unusual privilege of electing a new vicar on the death occurring of the holder of the living.

In consequence of the decease of the Rev T H Blackett on Christmas Day, is devolved upon the rate-paying landowners, yesterday to appoint his successor by election and present to the vicarage, in the words of the trust deed ' a godly and learned minister and preacher of the word of God..... whereby the Word and Glory of God may be set forth to the comfort of the said parishioners or the great number of them, for the time being, who like and consent to'

The trust was founded in 1618, and the landowners of the parish have taken eminent advice from time to time as to the proper mode of election and who were eligible to vote. In 1842 they were advised that a poll taken at a properly summoned meeting was the usual and correct mode of procedure. A meeting of the resident land owners had to be carried for 11 o'clock in the morning in the church on a date within 3 months of the vacancy arising and an adjournment for the Market Hall. There a show of hands had to be taken, and in the event, a poll being demanded, an election by ballot followed forthwith. In addition to resident landowners and persons holding a financial interest in land, it was set out that the schoolmasters of Orton and Tebay were entitled to vote at the election, and

a curious rule gave married women a striking precedence over their husbands. It was laid down that in cases where a man and his wife had qualifications they could not both vote, and in the event of a dispute between the two, the woman should have the preference.

Yesterday a meeting of the patrons of the living was held in Orton Market Hall at 10 o'clock, when 14 candidates were nominated. Polling afterwards took place in the Elementary School and the following results ranged from 58 (Rev Tilbury who was appointed) down to 1 vote. Having a clear majority over all the other candidates Rev Tilbury was declared elected. The new vicar had been curate at Cleator Moor, Frizington and organising secretary of Dr Barnardo Homes in the diocese of Newcastle and Durham from 1909.

Interesting how times have changed in 116 years!

Elizabeth

Back by popular demand..

OLD BABY MACKEREL

Bluegrass Country Music
ORTON MARKET HALL
SEPT 5th 7pm
Tickets on sale soon



 Orton Market Hall
 www.ortonmarkethall.co.uk

THE HUB



**Tebay Community
Library & Drop In
in the Hub**

St. James' Church, Tebay

Every Monday morning
10.30am - 12.30pm

Refreshments
Books to borrow and buy

All ages welcome

Do you have any spare time on
Tuesday afternoons? Come and join us at
TEBAY METHODIST SCHOOL ROOM
from 1.30pm — 3.30pm

for games & crafts,
a cup of tea & a natter.

You will be very welcome!



Tebay Orchestra

Do you play a musical instrument?
Would you like to play music with other
people?

No entry requirements, no auditions,
everyone is welcome
(Don't forget your music stand!)

Tuesdays 7.30-9.30pm
(during term time)

**Tebay Methodist Church Hall
Tebay, Penrith, CA10 3XG**

Weekly £6 for members, £8 for non-members,
(discounts for students and termly payments)

**For any queries, please contact
Richard Best:**

richard.violin.1@gmail.com

Tel. 07939 540139

TEBAY AND ORTON WI



Three years ago, local lass, Abbi Lawson, appeared on our television screens as a contestant in the Great British Bake Off. Since then, she has been in demand to speak at various organisations and WIs about her experience. After 18 talks and presentations to others, our WI invited her to take a few steps down the road to come and to talk to us at our May meeting in the Methodist Church schoolroom in Tebay.

Abbi's talk, entitled 'Hedgerow Baking', began with her experience as a contestant on the GBBO, starting with the interview process and the many practice bakes she had to make, and all the while not being able to utter a word concerning what she was about to do. She did admit that one Tebay family was let into the secret, as they became the recipients of the many bakes that had to be made. Those who watched the programme must surely remember her Herdwick sheep animal cake, and the custard creams which came first in the technical challenge, but her time in the tent was cut short in Bread Week.

Abbi's interest in foraging and cooking with natural ingredients has led to the development of some very interesting bakes, and during her talk, she made some lemon drizzle cupcakes with nettles which coloured the cake a lovely shade of green. They were a tasty accompaniment to our cup of tea.

Many of you will know Abbi as the person who delivers the veg boxes from 'Home Grown' in Crosby Ravensworth, but she is now adding another string to her bow in her new venture, 'Hedgerow and Hearth', whereby she will accompany people on foraging walks, teach the participants what is safe to pick, and how to introduce it into one's cooking.

We all enjoyed our evening with Abbi, but I am not sure how many of us have picked nettles to make green cakes.

Felicity Lawler

Find out more about Hedgerow & Hearth
online at **www.hedgerowandhearth.org.uk**

Tebay Community Choir

A big thank you to everyone who attended the two concerts by Tebay Community Choir in Ravenstonedale and Tebay!

It was lovely to have so much support on both occasions. Thank you too for your generous donations — a total of **£361** was raised for Sunbeams Music Trust.

Annie Mawson's Sunbeams Music Trust, is a charity delivering Community Music Therapy to disabled children and adults across . Sunbeams provides Music For Life and Music For Dignity Projects in outreach venues, at the bespoke Sunbeams Music Centre, (just outside of Penrith), and online. The Charity aims to improve quality of life and self-esteem through the creative power of music.

Tebay Community Choir are always pleased to welcome new singers.

Practices are held on Monday evenings from 7.30 until 9 pm in the Tebay Social Club. For further details please contact Alison by email on alison@mott.me.uk

We will take a break during July and August and will meet again in mid-September.



LIVE MUSIC • FOOD • DRINKS • GOOD TIMES

SPORTS & SOCIAL

TEBAY

CLUB

FEST

MUSIC • COMMUNITY • GOOD TIMES

SUNDAY
30 AUGUST 2026
2PM TIL LATE
TEBAY SPORTS & SOCIAL CLUB
TEBAY, CUMBRIA

LIVE MUSIC FROM

COLT MURPHY JR — 2PM —	RAVEN & MARK AISLING • STEWART — 5PM —	BIG TROUBLE — 8PM —
----------------------------------	---	-------------------------------

TEBAY FEST

£11.25 ADULTS
£6 UNDER 16
UNDER 5 FREE

FAMILY FRIENDLY
ALL WELCOME

GREAT FOOD
GREAT DRINKS

SUPPORT LOCAL • SUPPORT LIVE MUSIC

TICKETS AVAILABLE FROM <https://www.skiddle.com/e/42470763>



Sausage making

On Wednesday 13th May, we were delighted to welcome Dave Morland from Westmorland Services into school.

Dave delivered a wonderfully informative (and humour-filled!) session demonstrating the process of sausage making. As a school serving a rural community, we believe it is important for our children to understand where their food comes from, and this was a fantastic opportunity to bring that learning to life. The children thoroughly enjoyed the hands-on experience—rolling up their sleeves and making their own sausages. They certainly showed their creative flair, with some producing very impressive (and rather handsome!) sausage faces! Thank you to Dave Morland and Westmorland Services for their support.



The Art Gallery

We held our Art Gallery on Saturday 16th May. The hall looked fabulous, showcasing the wide variety of artwork produced by the children.

Visitors were treated to a stunning jungle-themed display, complete with clay sculptures of minibeasts. A botanist area featured beautiful sketches of flowers and fruit, alongside some striking watercolour geometric paintings.

The Key Stage 2 tiles, created around the theme "All About Me," were incredibly imaginative and really reflected the unique personalities of our children. Key Stage 1 also made some wonderful "Our House" themed tiles, with great attention to detail.



It was lovely to see so many members of the local community attend, enjoy the gallery, and sample the bacon and sausage butties on sale!

A huge thank you goes to our staff for ensuring all the artwork was ready on time, and to FOTS for their fantastic support—selling raffle tickets and cooking the delicious butties throughout the morning. Thanks to your generosity, we raised **£167**.

Special Visit from the Fire Brigade

On Tuesday 19th May we were delighted to welcome our local fire brigade from Shap into school. They delivered an important assembly, sharing key safety messages with the children.

The focus was on staying safe in and around water, as well as fire safety at home. These are vital messages, especially as we approach the summer months.



After the assembly, our Acorns and Little Acorns enjoyed a hands-on session outside, where they explored the fire engine and even had a turn using the fire hose—an experience they will not forget!

Thank you to the team for taking the time to visit Tebay Primary School and support our children's learning.

Reception, Little Acorns and Acorns – Sports Afternoon

On Thursday 21st May, Reception, Little Acorns and Acorns enjoyed a sporty afternoon at KSGS.

The children took part in a variety of activities, developing their skills in throwing, catching, running, jumping and problem-solving. They worked brilliantly as a team and had lots of fun, earning stickers for their enthusiastic participation.

Mrs Bland commented on how well-behaved and well-mannered the children were throughout the event—something we are very proud of.

A big thank you to EVSP for organising this opportunity and to KSGS for hosting such an enjoyable afternoon.

Year 6 CET Sports Event

Children from the southern hub of CET gathered together for a special sporting event hosted by KSGS on Thursday 4th June, alongside pupils from Yanwath, Stramongate and Castle Park.

It was a wonderful opportunity to remind our children that they are part of a much wider community, while also making new friendships.

The pupils took part in a range of fun activities that challenged their problem-solving and teamwork skills, as well as developing accuracy, agility and strategy. The day finished with a lively dodgeball tournament, which was enjoyed by all.

Well done, Team Tebay — as always, you made us incredibly proud with your excellent manners, behaviour and good sportsmanship. A huge thank you to KSGS for hosting such a fantastic event.

'A SMALL school with a BIG heart'

We have spaces available in our Nursery. Please contact the school if you would like any information.

Visit — by arrangement with the school

Online: www.tebay.cumbria.sch.uk ;

On FB: facebook.com/TebayPrimarySchool ;

On X: [@TebaySchool](https://twitter.com/TebaySchool)

Tracy Morland — School Administrator

admin@tebay.cumbria.sch.uk ;

Tebay Primary School Tel: 015396 24239

TEBAY PARISH COUNCIL

Vacancy for a Parish Councillor

Make a difference in Your community

Would you be interested in being a Parish Councillor?

Our Parish Council is looking for someone who cares about our village, has a bit of spare time, and wants to help shape its future.

You don't need special qualifications — just enthusiasm, common sense, and a willingness to listen and get involved. Whether it's improving local spaces, supporting community events, or making sure residents' voices are heard, you can help make it happen.

What's in it for you?

- Meet new people and work with a friendly team
- Have a real say in local decisions
- Learn new skills and gain experience

If you're interested (or just curious), drop us a message, clerk@tebaypc.org.uk or pop along to our next meeting for a chat, our meetings take place on the last Wednesday of the month at 7.30pm in the Methodist Chapel (apart from June when it will be Thursday 25th).



TEBAY
ROUNDERS
SATURDAY 15TH AUGUST
AT TEBAY RECREATION GROUND

Join us for a fun (and slightly competitive!) game of rounders, all in support of Tebay Primary School.

KIDS ROUNDERS
13:30

ADULTS ROUNDERS
14:30

£1 to play
Refreshments
Raffle

Scan me to register



Or text Hannah: 07387301089

Shap Medical Practice Update

At the beginning of May, we experienced an incident which resulted in the temporary closure of the surgery. In response, a huge amount of work took place behind the scenes in an incredibly short space of time to ensure services could continue safely for our patients.

Throughout this period, our team, alongside our volunteers and family members, worked tirelessly under enormous pressure and stress, while some members of staff were themselves absent from work as a direct result of the incident. We are immensely proud of the commitment, resilience, and professionalism shown by everyone involved.

We would also like to express our sincere thanks to the local community and organisations who supported us during this difficult period, including (but not limited to):

- The Old Courthouse
- Shap Memorial Hall
- Upper Eden Medical Practice
- Orton Market Hall
- Cowpers Pharmacy
- North East and North Cumbria ICB
- Eden PCN

Your kindness, flexibility, and practical support have been invaluable.

Most importantly, we would like to thank our patients who have shown compassion, patience, and understanding during this time and continue to do so.

Unfortunately, we have also experienced a greater than expected level of abuse from some patients as a result of the inconvenience caused by the incident. We would like to reassure patients that we are doing everything possible under very challenging circumstances.

Our dispensary team has had to relocate from their usual working area until repairs can be completed, and it has taken time to establish safe and effective temporary ways of working. While we always aim to maintain our usual turnaround time of five working days from a prescription being requested to it being ready, this has not always been possible, and we sincerely apologise for any delays. During this period, we would kindly ask patients to order repeat prescriptions a little earlier than usual wherever possible to help avoid running short of medication.

However, we will not tolerate abuse towards our staff under any circumstances. We follow the NHS Zero Tolerance Policy and will not accept violence, threats, intimidation, or abusive behaviour towards staff or other patients. Such behaviour is completely unacceptable and may result in formal warnings or, in serious cases, removal from our patient list.

Thank you once again for your continued understanding and support. We are incredibly grateful to our wonderful patients for your kindness, patience, and words of encouragement.

SHAP MEDICAL PRACTICE
Peggy Nut Croft, Shap, Penrith, CA10 3LW

Tel: 01931 716230

www.shapmedicalpractice.co.uk



Free water safety sessions

Westmorland and Furness Council are urging families to take part in free water safety sessions this summer as part of a coordinated effort to prevent tragic incidents in open water ahead of the school summer holidays.

The sessions are being offered to families with children aged 7 to 14 years in both leisure centres and open water locations across the area, teaching vital life-saving skills. Children must be able to swim at least 25 metres confidently without stopping to take part.

Parents and carers are encouraged to talk to their children about water safety and reinforce one key message: "If you fall into water – **float, breathe, and stay calm.**"

Families Together in Tebay and Orton

have a

Marquee for hire

(10m x 4m, £50 per day)

Hiring it out helps them cover the cost of other events — get in touch with them on FB or email them at hello@ftto.org.uk for more info.

News from All Saints' Church, Kasese, Uganda

*parish linked
with All Saints', Orton*

**WhatsApp messages and emails
received by Rev Chris Jenkin**

From the Revd. Nelson Isebagheen, 27.5.26:

I have planted 5 acres of rice and currently I need 1.5 million shillings (about £300) for the fertiliser to enable me get a good yield. My children are still at home due to lack of fees.



**Atholere
Bwambale**
*Brompton is 19
years old and is
in senior five at
St. Julian High
School,
Kampala*

Masereka
*Athwanzire is 17
years old and is
in senior two at
Bwera
secondary
school.*

Kule Asimawe
*Isebagheen is 14
years old and is
in P.7 at
Kamaiba
primary school.)*

(Nelson receives no stipend or salary at all for his work in the Church of Uganda among young people, so has to do agricultural work to make a living. He has five children, three of whom are school age and all therefore need school fees. We sent some funds to help.)

**.From Archdeacon
Nelson Walina, 3.4.26:**

We are gladly giving Florence (the disabled lady who can only crawl) the support that came from you: Thanks so much!



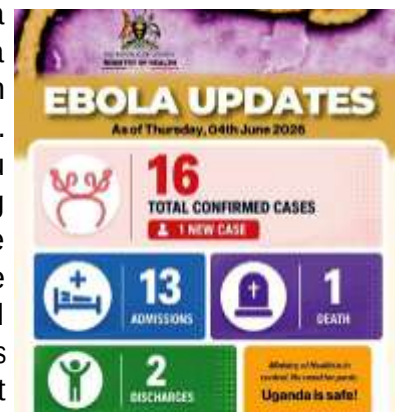
9.4.26: Finally, the Water Tank of 2000 litres has been raised, as a water supply at the Vicarage at Hima Parish COU. It is the one you supported during my birthday Celebrations. We honour your prayers and support.



18.5.26: We are grateful for this New Month of May 2026. God is using us mightily, in the new placement. We have introduced the Healing and Deliverance Service every Sunday at 3:00 PM to 6:00 PM.

By the end of this month, we will start two new congregations/churches. Kindly continue praying because it needs a lot of money for the materials to construct shelters to the newly established churches.

5.6.26: **EBOLA:** it started in Congo, now it is affecting Uganda. Uganda Martyrs' Day Celebrations did not take place due to the spread of Ebola disease. All functions in Uganda that could bring many people together were suspended for one month. Fortunately, church services are still allowed but observing the Standard Operation Procedures laid down by the Ministry of Health. For example, we avoid shaking hands while greeting a friend; sit at a distance between one another, etc. Otherwise, you continue praying because people are now few in the Churches and hence have gaps in the development activities.



We responded: We had of course read about the terrible Ebola outbreak in Congo, and knew it was close to the Uganda border. Are there any cases of Ebola in Uganda? Or are these just precautions?

Reply: In Uganda, there are 7 imported cases. One victim came from Congo to Kampala while already infected and those who attended to him and his relatives are the ones affected.

Services in our Anglican Churches

Sunday 5 July Trinity 5 <i>Green</i> <i>Welcomer:</i> Zechariah 9.9-12 Romans 7.15-25a Mat 11.16-19, 25-end	Orton, 10.30am Holy Communion <i>Sandra Ward</i> <i>Pam and Garth Blundell</i> <i>Elizabeth Crossley</i> <i>Mary Jenkin</i> <i>Prayers: Margaret Longworth</i>	Tebay, 10.30am Songs of Praise at the Methodist church	Ravenstonedale, 10.00am All Age Worship <i>Team</i> <i>Ian Torkington</i> <i>Richard Best</i>
Sunday 12 July Trinity 6 <i>Green</i> <i>Welcomer:</i> Isaiah 55.10-13 Romans 8.1-11 Mat 13.1-9, 18-23	Orton, 8.30am Holy Communion <i>Chris Jenkin</i> <i>Keith Capp</i> <i>Prayers:</i>	Tebay, 10.30am Holy Communion <i>Fran Parkinson</i>	Ravenstonedale, 10.00am Holy Communion <i>Carole Marsden</i> <i>Hilary Law</i> <i>Diana Fothergill</i>
Sunday 19 July Trinity 7 <i>Green</i> <i>Welcomer:</i> Isaiah 44.6-8 Romans 8.12-25 Mat 13.24-30, 36-43	Orton, 10.30am Café Church style service <i>Team</i> <i>Mary Jenkin</i> <i>Prayers:</i>	Tebay, 10.30am Morning Worship (+ Meth) <i>Team</i>	Ravenstonedale, 10.00am Morning Worship <i>Fran Parkinson</i> <i>John Newton</i> <i>Suesi Windle</i>
Sunday 26 July Trinity 8 <i>Green</i> <i>Welcomer:</i> 1 Kings 3.5-12 Romans 8.26-end Mat 13.31-33, 44-52	Three Churches Service at St James, Tebay; 10:30am Holy Communion <i>Sandra Ward</i> Zoom meeting number: 894 1727 3600		



Church Contacts

Anglican Church

Curate Charles Cowling

Associate Priest

Fran Parkinson 07500 876761
franticparki@gmail.com

Mission Community Admin

Sue Wigley 07741 327318
applebymc@carlisle-diocese.org.uk

Retired clergy

Sandra Ward 24213
Christopher Jenkin 24410

Orton with Tebay

Churchwardens + Deputies

Linda Garrick 24262
Keith Capp 26187

Martin Lawson 26028
Mary Jenkin 24410

Secretary

Brenda Iveson 24617
brendaiveson@btinternet.com

Treasurer

Bill Lawler 24465

Local lay ministers

Rosemary Campbell 24837

Ravenstonedale with Newbiggin-on-Lune

Churchwardens

Ann Brownrigg 23594
Martin Windle 07899 907958
Tim Parkinson 23353

Secretary

Suesi Windle
suesi.windle@gmail.com

Treasurer

Tim Parkinson 23353

Methodist Church

Minister Revd Stephen Radford,
017683 71202
stephen.radford@methodist.org.uk

Administrator Avril Swinbank
ksatcircuit@gmail.com

Roman Catholic Church

Fr John Winstanley
Church of Our Lady of Appleby
01768 862273

Sunday 2 August Trinity 9 <i>Green</i> <i>Welcomer:</i> Isaiah 55.1–5 Romans 9.1–5 Matthew 14.13–21	Orton, 10.30am Holy Communion <i>Sandra Ward</i> <i>Welcomer:</i> Pam and Garth Blundell <i>Prayers:</i> Andy Glanville Keith Capp Angela Milburn	Tebay, 10.30am Morning Worship at the Methodist church	Ravenstonedale, 10.00am All Age Worship <i>Team</i> Richard Best David Farr
Sunday 9 August Trinity 10 <i>Green</i> <i>Welcomer:</i> 1 Kings 19.9–18 Romans 10.5–15 Matthew 14.22–33	Orton, 8.30am Holy Communion <i>Chris Jenkin</i> <i>Welcomer:</i> John Dunning <i>Prayers:</i>	Tebay, 10.30am Holy Communion <i>Chris Jenkin</i>	Ravenstonedale, 10.00am Holy Communion <i>Carole Marsden</i> Diana Fothergill Caroline Morris
Sunday 16 August Trinity 11 <i>Green</i> <i>Welcomer:</i> Isaiah 56.1, 6–8 Romans 11.1–2a, 29–32 Mat 15.[10–20] 21–28	Orton, 10.30am Service of the Word <i>Team</i> <i>Welcomer:</i> Mary Jenkin Elizabeth Crossley Garth Blundell <i>Prayers:</i> Margaret Longworth	Tebay, 10.30am Service of the Word <i>Team</i>	Ravenstonedale, 10.00am Morning Worship <i>John Thompson</i> Ian Torkington Hilary Law
Sunday 23 August Trinity 12 <i>Green</i> <i>Welcomer:</i> Isaiah 51.1–6 Romans 12.1–8 Matthew 16.13–20	Three Churches Service at All Saints, Orton; 10:30am Holy Communion - <i>Welcomer:</i> Keith and Janet Capp Margaret Longworth Mary Jenkin <i>Prayers:</i> Elizabeth Crossley		
Sunday 30 August Trinity 13 <i>Green</i> <i>Welcomer:</i> Jeremiah 15.15–21 Romans 12.9–end Matthew 16.21–end	Whole benefice service at All Saints, Orton; 10:30am Holy Communion <i>Charles Cowling</i> <i>Welcomer:</i> Mary Jenkin Keith Capp Margaret Longworth <i>Prayers:</i> Angela Milburn		

Baptisms, Weddings and Funerals

For any **Anglican** churches, if you want to make enquiries about a baptism please contact your local Church. If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator: Sue Wigley on 07741 327318 or applebymc@carlisle-diocese.org.uk

For any **Methodist** church requirements for membership, marriage, funerals, etc. please make contact in the first instance with Rev Stephen Radford: stephen.radford@methodist.org.uk



We are excited to announce the launch of our team serving the **pastoral needs** of our communities in Orton, Tebay, Ravenstonedale and surrounding areas.

Members of the team are available to provide visits at home, visits in hospital where appropriate, and a listening service for those who need someone to talk to. If you know anyone who would appreciate a visit, please email

otr.pastoralteam@gmail.com

For anyone who would like to receive **home communion** please contact Rev. Sandra Ward on 015396 24213.

Services in our Methodist Churches and other churches

2026	JULY				AUGUST				
	5th	12th	19th	26th	2nd	9th	16th	23rd	30th
Special Sunday	Ord 14	Ord 15	Ord 16	Ord 17	Ord 18	Ord 19	Ord 20	Ord 21	Ord 22
Lectionary Year A	Gen.24:34-38, 42-49,58-67 Ps. 45:10-17 Rom.7:15-25a Matt.11:16-19, 25-30	Gen. 25:19-34 Ps 119: 105-112 Rom. 8:1-11 Matt. 13:1-9, 18-23	Gen. 28: 10-19a Ps. 139:1-12, 23-24 Rom. 8:12-25 Matt. 13: 24-30, 36-43	Gen. 29:15-28 Ps. 105:1-11, 45b Rom. 8:26-39 Matt. 13: 31-33, 44-52	Gen. 32:22-31 Ps. 17:1-7,15 Rom. 9:1-5 Matt. 14:13-21	Gen. 37:1-4, 12-28 Ps 105:1-6, 16-22,45b Rom. 10:5-15 Matt. 14:22-33	Gen. 45:1-15 Ps. 133 Rom. 11:1-2a, 29-32 Matt. 15:(10-20) 21-28	Ex. 1:8 - 2:10 Ps. 124 Rom. 12:1-8 Matt. 16:13-20	Ex. 3:1-15 Ps. 105:1-6, 23-26,45c Rom. 12:9-21 Matt. 16:21-28
Brough 10.30am	at Brough Sowerby	D Askew Sec	At Brough Sowerby	M Lawson	At Brough Sowerby Sec	LA	At Brough Sowerby	J Worsfold HC	H Radford
6.30pm	---	4pm Cxn at Soulby	---	---	---	Cxn at NonL	---	---	---
Brough Sowerby 10.30am	R Bielby	At Brough Sec	D Askew	At Brough	S Radford HC / Sec	J Worsfold	D Askew	At Brough	LA
6.30pm	---	4pm Cxn at Soulby	---	---	---	Cxn at NonL	---	---	---
C Garrett 6.30pm	D Marston HC	4pm Cxn at Soulby	S Radford	J Betts	S Radford	Cxn at NonL	S Woof	S Radford	I Newton
Kirkby Stephen 10.30am	T Longworth	At Brough Sec	Shared Worship	J Worsfold	At Brough Sowerby Sec	H Radford HC	LA	Shared Worship	S Radford
6.30pm	---	4pm Cxn at Soulby	---	---	---	Cxn at NonL	---	---	---
Newbiggin on Lune 10.30am	H Radford	Open Air Service B W Brewer	Dave Jackson	S Radford HC	H Hutchinson	I Hartley BBS	W Capstick	J Morton at Ravenstonedale Show Ground	TBC AAW
6.30pm	---	4pm Cxn at Soulby	---	---	---	The Longton Family Cxn	---	---	---
Orton 10.30am	LA	At Tebay	T Longworth	J Betts	Mr & Mrs Stobart LA	P Dunstan LA	LA	S Radford B	J Ousby
6.30pm	---	4pm Cxn at Soulby	---	---	---	Cxn at NonL	---	---	---
Ravenstonedale 2.00pm	D Askew	I Newton	LA	S Radford	R McGregor	Newlove	R Watson	S Radford	J Betts HC
6.30pm	---	4pm Cxn at Soulby	---	---	---	Cxn at NonL	---	---	---
Shap 10.30am	S Radford HC	---	---	---	J Betts	---	---	---	---
6.30pm	---	4pm Cxn at Soulby	---	---	---	6.30pm Cxn at N on L	---	---	---
Soulby 10.30am	---	T Longworth	---	OA	---	S Radford HC	---	OA	---
4.00pm	---	D Marston Cxn	---	---	---	6.30pm Cxn at N on L	---	---	---
Tebay 10.30am	M Lawson U	S Radford HC	U @St James	At Orton	D Marston U	P Hilland HC	U @St James	LA	Ramnath
6.30pm	---	4pm Cxn at Soulby	---	---	---	Cxn at NonL	---	---	---
Winton 10.30am	M Harrison HC	AAW	S Radford HC	Carter	Nick & Jo	AAW	D Marston	R Pinniger	Jean & Malcolm
7.00pm	---	4pm Cxn at Soulby	Get Together	---	---	6.30pm Cxn at NonL	Get Together	---	---

A good day was had by all at Greenholme Agricultural Show (13th June) - thanks to all who entered classes, judged, organised, supplied, attended and supported!



New Beginnings Church

welcomes you to visit their new venue in Castle Street Centre, Kendal at 11.15am for a time of praise, hearing God's word and prayer followed by lunch.

Contact Barry on 07437 468896 or email nbccumbria@gmail.com

Bells takes on fundraising challenge

Bells of Lazonby are marking their 80th anniversary year, with a fundraising challenge to support Cumbria Community Foundation. On 23 June, eight members of their team set off to walk Hadrian's Wall from east to west in four days.

Bells of Lazonby was founded by John Bell in 1946. He moved to Lazonby with his family to set up a small bakery and shop. After 80 years, the family still live in the village and the business is committed to providing an inclusive and supportive workplace for all employees. This challenge shows the firm's commitment to the wider community, prioritizing targeting poverty, inequality, ill health, community cohesion and climate change.



YOU ARE CORDIALLY INVITED

GARDEN PARTY & AUCTION OF PROMISES

Winton Park Gardens, Kirkby Stephen
SATURDAY 11TH JULY 2025
3PM – 6PM

PROUDLY RAISING VITAL FUNDS FOR
GREAT NORTH AIR AMBULANCE SERVICE



Beautiful Gardens
Private grounds of Winton Park



Cheese & Cream
Home-made refreshments



Auction
Real or wonderful prizes to be won

A wonderful afternoon in one of the valley's finest private gardens, with cream teas, refreshments and exciting auction lots — all for a life-saving cause.

Garden kindly opened by courtesy of Mr & Mrs Vileygoon

£20 PER PERSON

ADMISSION TICKET

Includes entry, cream teas, refreshments & garden tour

TICKETS & INFORMATION
secretary@upperedenrotary.org.uk
upperedenrotary.org.uk

Upper Eden Medical Practice & Tebay surgery

Appointments

We are continuing to operate an initial telephone triage system. If it is urgent for the day please contact the Surgery at 8:00am to arrange a telephone triage call. If a face to face appointment is necessary the Doctor will book you an appropriate appointment.

Routine appointments can be arranged via the e-consult link below, and on our website:

<https://florey.accurx.com/p/A82013>

Dispensary

Medication can be collected from Kirkby Stephen surgery from 9am to 6pm Monday to Friday and from our Tebay Surgery from 9am to 12:30 on Tuesdays and 3pm to 6pm on Thursdays. Please allow **five working days** for your prescription to be ready.

Samples

Please note that samples can be dropped at the Surgery Monday to Friday – but on Fridays they must arrive before 11.00am.

Please ensure they are clearly labelled with name, DOB and time sample was taken.

Covid & Flu vaccinations

Spring Covid boosters will start on 16th April. Eligible patients will receive an invitation.

Flu clinics for those aged 65+ OR under 65 if you have a chronic disease, and children aged 2-3. To book in for your vaccination please contact Reception or book online. Saturday morning clinics are available on 5th & 19th October. We also offer appointments on weekdays if this is more convenient.

Health Visitor & District Nurse

Eden Health Visiting Team can be contacted on 017683 54964

Our District Nurses are able to support you with nursing care at home 01946 853333.

Change of personal details

Please inform the Practice if your address, telephone or email address has changed.

<https://www.upperedenmedicalpractice.co.uk/>

☎: 017683 71369

Shap Medical Practice & Orton Surgery

Appointments

GP appointments are usually 10 minutes long, which allows us to help as many patients as possible each day.

If you have more than one concern, please let our reception team know when booking. We're happy to arrange a longer (double) appointment where needed.

This helps us give you the time and attention you deserve and keeps waiting times fair for everyone.

.

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If you haven't used it before, ask our reception team for help getting set up.

Need an appointment outside normal hours?

We offer enhanced access appointments at times designed to fit around work, school, and other commitments.

This includes:

- Early morning blood sample taking appointments
- Evening nurse appointments

These are available throughout the week and can be booked in the usual way via reception or online.

Please ask when booking if an early or late appointment would suit you better

www.shapmedicalpractice.co.uk

☎: 01931 716230

We are extremely grateful to everyone in our community who has donated to the Surgery Fund over the years, and to the members of the Committee who generously give their time to support the Practice. Their contribution makes a real difference to the care we are able to provide for our patients.

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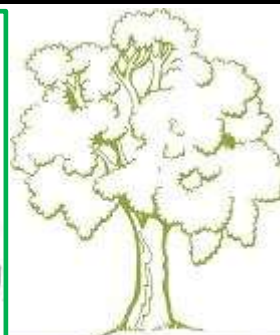
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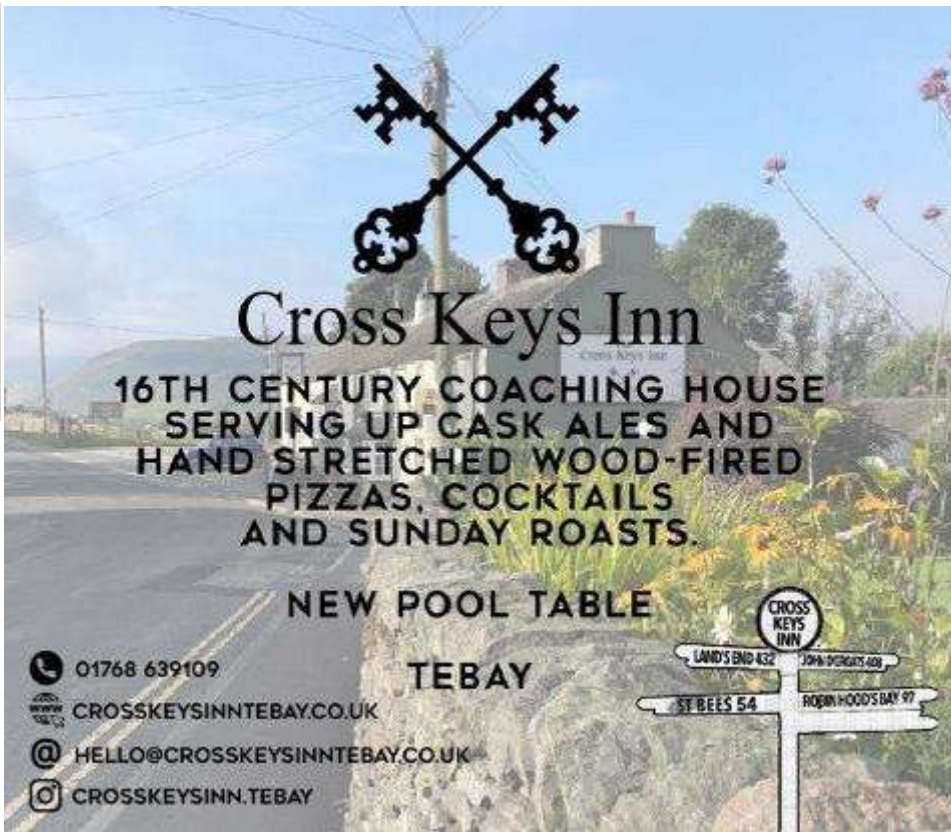
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For primary age children

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Friends of Orton School:
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haywardjm75@gmail.com

Tebay Primary School:

Head of School: Mrs. Helen Wright
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Catchment Area Secondary School:

Kirkby Stephen Grammar School: 01768 371693

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Pam Lawson: 26028

Tebay Beginner Brass:

Julie Hoggarth: 07866 378392, julie@drumandbrass.co.uk

Miscellaneous

Tebay Parish Clerk: Margaret Longworth: 24900

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Bell Ringers: Julian Thorpe: 24166

Bingo: Helen Wearmouth 24066 or 07377 332 162

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Ravenstonedale Community & Heritage Centre:

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Local community websites:

Orton Community Website: <https://ortoneden.co.uk>

Orton Parish Council: <https://ortonpc-eden.org.uk>

Tebay Parish Council: <https://tebaypc.org.uk>

Ravenstonedale village website: <https://www.ravenstonedale.org>

Ravenstonedale Parish Council: <https://www.rdalepc.uk>

Local church websites:

All Saints': <https://allsaintschurchorton.com/>

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