

The Link

The Church & Community magazine for Newbiggin-on-Lune, Orton, Ravenstonedale and Tebay



The Link

Published by the churches and communities in Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay

The Link is put together by a group of willing volunteers in our villages, drawing on contributions from across our villages. It is funded by a mix of personal subscription, business advertising and underwritten by the local churches.

We would love to hear from you about what is happening, what **you've been doing, and what you** might like to see in YOUR magazine.

Please email us with

*your ideas,

*your photos,

*your news and

*notices of your events to:

TheLinkMagazine@outlook.com

Please do get in touch with any comments or questions you may have and one of us will answer:

Many thanks,

Anne, David, Elizabeth,
Martin and Paula.

If you want to sign up to receive The Link electronically, you can do so using this link:

<https://tinyletter.com/TheLink>

Views expressed in 'The Link' are not necessarily those of the publishers or editors.

Front page photo:
Tebay Creatives weekend
by Pam Lawson

Used with permission

New Hope

As the seasons of the year shift, and the days get longer, the fields start to fill with lambs, and the shops with Easter eggs, we have lots of reasons to feel hopeful.

Those with a Christian faith may identify with Rev. Stephen's perspectives on the page opposite, and others may have been celebrating the equinox.

If you want to join others to see the sun rise on Easter morning, there's more on that on page 19 (and the offer of a free breakfast afterwards!)

You may be looking forward celebrating the Coronation — there's already lots of news in this month's magazine about that.

Do join in with the events that are being put on, or even better, get in touch with the organisers to see how you can be a part of encouraging our villages and communities to celebrate together.

Wishing you all the best for Easter and the school break!

Thanks again,

Anne, David, Elizabeth,
Linda, Martin & Paula



New footpath in Tebay, read more on p. 24

Thank you again for your support

We've been amazed and grateful for the folk who have already donated to support The Link magazine — Thank you!

It costs somewhere between £600 and £800 to print one issue of *The Link* magazine (all the work of putting it together, and distributing it is done by volunteers). For the last time this year, we're just nudging those who might have wanted to contribute, but who've forgotten to do so!

One copy costs about 70p, if you were able to contribute £7 towards the ten issues printed each year (or more, or less) you could do this by:

- Making a bank transfer to:
'Orton Tebay and Ravenstonedale Link Account'
Sort code: 40-26-18 Account number: 71021036
- Dropping off a marked envelope to Orton or Tebay Village Shops or give in an envelope to a member of a local church.
Cheques can use the same account name as above
- Setting up an annual electronic payment using [this link](#) or contact us by email if you would like us to explain how to do this

We all very much appreciate your support for this shared church and community magazine going to our local communities.

THE DEADLINE IS THE 13TH OF THE MONTH FOR THE NEXT ISSUE

Please send all copy (preferably NOT PDF format) including advertising to: TheLinkMagazine@outlook.com

Payment for advertising or remittance advice to: Linda Garrick, 015396 24262 / finance@linkmagazine.org

We're still planning to develop stronger village links, including drop-off places for articles — coming soon...

Reflecting on Easter

The apostle Paul wrote *"But God demonstrates His own love for us in this: while we were still sinners, Christ dies for us!"*

As we have journeyed through Lent towards Easter, I have watched with sadness, and sometimes anger, the war in Ukraine – and, most recently, the intense fighting around Bakhmut - with reports of hundreds dead and injured as the battle rages for what now seems to be little more than piles of rubble and bomb-scarred streets!

All of this was thrown into sharp focus by the story of an unarmed Ukrainian soldier (a sniper) who was videoed, last Christmas, smoking a cigarette and shouting 'Glory to Ukraine' as he was gunned down by Russian soldiers.

His story has only recently been told and we now know his name was Oleksandr Matsievsky – he was awarded the title 'Hero of Ukraine' – *'a man who will be forever remembered for his bravery and his confidence in his country, Ukraine!'*

The apostle Paul again, wrote of Jesus :
"... who, being in very nature God ... made Himself nothing ... humbled Himself and became obedient to death, even death on a cross".

God stood in front of the Roman equivalent of the firing squad. Out of love for you and me, He let Himself be killed by crucifixion. So, why do we focus on the suffering part of Easter first? It is because the Cross is the central to our salvation.

So what is our response? Consider the following story (there's a parallel to this in Ephesians 5):

The story is told of a prince and his family who were captured by an enemy king. When brought before the enemy king, the prisoner was asked, "What will you give me if I release you?"

"Half my wealth" was the prince's reply.

"And if I release your children?"

"Everything I possess"

"And if I release your wife?"

"Your Majesty, for her I would give myself" said the prince.

The enemy king was so moved by the prince's devotion to his family that he freed them all. As they returned home, the prince said to his wife, "Wasn't the king a handsome man!"

With a look of deep love for her husband, she replied, "I didn't notice. I could keep my eyes only on the one who was willing to give himself for my sake"

Do we have our eyes only on the One who was willing to give Himself for our sakes? Jesus' love is so great that, as Paul says, it was while we still sinners that Christ died for us! We were separated from God,

without a hope of being put right with our God. Except that on that first Christmas night in Bethlehem, a child was born – the Saviour of the World.

Here at Easter, we see the great gift of God – peace between mankind and God; through a single death which will, one day, bring death itself to an end!

The amazing truth is that it IS God who was crucified, who died for you and me, for all; the sinless Christ who is crucified for us sinners. Why? To show God's amazing love for us all!

In this broken world, where a soldier is videoed as he is machine-gunned to death; where a boat lies shattered on the shore of Italy and the bodies of refugees are scattered along the sand; where love and hope seem far away... there are signs of hope around us – the snowdrops bravely pushing their heads above the snow; the daffodils, in gold array, sparkle in the spring sunshine; the sparrows chirrup as they build their nests.

New life and new Hope emerge, just as the Easter sunrise brought the message of salvation when the disciples were asked, "Why do you seek the living among the dead?"

He is not here! HE IS RISEN! Hallelujah!

Rev Stephen Radford

If you're looking for a church service to go to this
Easter, there are services in all our churches
(see their adverts in the village sections)
or summarised on pages 20 and 21.

There's also a sunrise service up on the fell
(Raise Howe) between Orton and Appleby at
6.30am! Read more about that on page 19...

Where you can find...

Newbiggin-on-Lune events	4
Ravenstonedale events	6
Orton Village events	8
Tebay Village events	14
News from our friends in Uganda	18
Local Churches News & Services	20
Kids Page	22
Local Medical Information	23
Local Businesses & Advertisers	24
Useful Contact Numbers	32

Let us know what else you'd like to see!

Newbiggin-on-Lune Village News & Events



NEWBIGGIN-ON-LUNE CHAPEL
SUNDAY SERVICES
10am every Sunday

Tea and Coffee to follow after the Service.

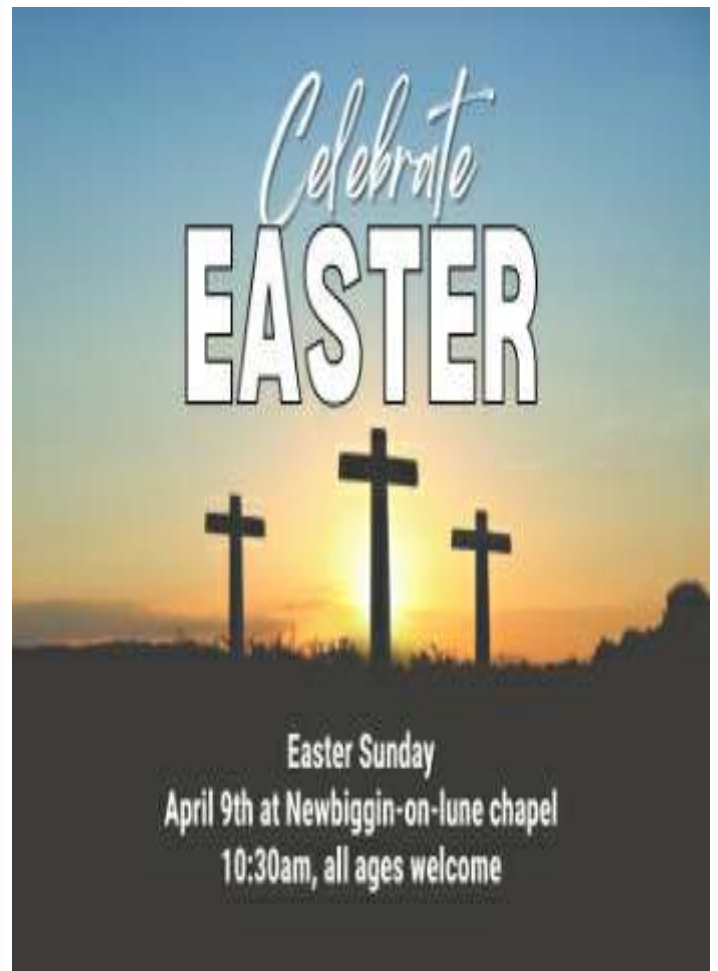
A Warm Welcome to Everyone

We have the following meetings, please contact us
for further details:

**Coffee Morning, Prayer & Share,
Sunday School, Bible Study,
Men's Meeting, Ladies Meeting**

For further information please contact:

Wilfred - on 015396 23600
or
Angela on 07980 418078



Newbiggin-on-Lune Public Hall



Chair	Ian Clayton	015396 23226
Secretary	Jim Wardrope	015396 23288
Treasurer	Carl McLaughlin	015396 23674
Caretaker	Anne Brownrigg	015396 23594

- ☀All bookings should be made with the Caretaker
- ☀All payments should be made with the Treasurer

Facebook:
<https://en-gb.facebook.com/NonLPublicHall>

Upcoming Events @ Newbiggin Chapel

May
6-7th
Sat-Sun

Chapel Anniversary Weekend
Led by Mrs Ruth Dent

Bacon Butty Church

with Comedy slot from John Morten

May
14th
Sunday

June
2nd
Friday

Pianist Concert

Pianist John Nilsen from the USA will be performing

Appleby Arts Society Lecture **Pandora's Box**

Appleby Arts Society March lecturer Mary Sharp, subtitled her talk 'The manufactured woman'. We examined together the Greek mythology as written by Hesiod a 5th century BC scribe. According to him there was once a Golden Age of Man. He means there was once a world containing only immortal men who were hard working, reverent to the gods and had abundant food from overflowing fruit groves.

When one of the gods, Prometheus, stole fire from Mount Olympus and gave it to these men, top god Zeus decided he'd gone a step too far in helping them, and decided to punish them both. His punishment for this happy, single sex society was to create woman. It is a very misogynistic tale to be sure.

Several other gods bestowed gifts on this woman; Athena taught her needlework and weaving, Hermes gave her speech (and lies and crafty words) Venus gave her beauty (and the power of seduction) and so on. He named her Pandora, which can mean all the gifts, or all giving (something much argued about in academic circles). Not only that, he gave her a jar (later called a box) in which he placed all the evils of the world, all the things that would bring sorrow and mischief to men, but was told not to open it. On reaching earth of course she peeps in the box and thus scatters its contents to the world. Fortunately there was one good gift at the bottom of the box, hope, for mankind to continue.

There are many images in Art of Pandora, statues and paintings, images on coins and ceramics. In children's versions of the tale she is usually shown trying to prevent the evils escaping. In much art she is shown as temptress and seductress, but a more positive approach to her might be to see her as feisty, independent and curious.

There are parallels between Eve and Pandora. Eve, the first woman in the bible, by eating the forbidden fruit (opened the box) becomes human and is punished by eviction from the Garden of Eden. Some people think that the Pandora story influenced the Biblical one all those centuries ago and is yet another story about transformation. Today's stories about the transformation of women are seen in films and plays such as Shirley Valentine, Pygmalion and Pretty Woman and the result for the woman is usually a better one than Pandora suffered.

The next meeting is 'The Quest for the Holy Grail' given by Jacqui Hyman, on Wednesday April 12th.

taswestmorland.org.uk



Folk Dance Club

Our local club meets weekly in
Newbiggin-on-Lune Village Hall

On Thursdays evenings,

7.45pm to 10pm
September to April

♪ *Singles & Couples all very welcome.*

♪ *All dances are walked through & called.*

♪ *Beginners welcome,*

for any further details please
ring Chris on
015396 24258.

Indoor Bowls Come and join us!

Friday night is Indoor Bowls night
at Newbiggin-on-Lune

Starts at 7.30pm
costs £2, (*first night free*)

you don't need a partner, just turn up!

More information from 07880 706485

- see you there!

Come together

For "Worship and the Word"

On Sunday, 30th April 2023 at 6.30pm
Newbiggin On Lune Methodist Church

Speaker : Rev Paul Dunstan

With an emphasis on singing the praises of God and the opening up of scripture
For further information contact Rowland & Rachel Woolf (015396 24372)
or Wilf Capstick (015396 23600)

Other Worship and Word evenings for your diary:

Sunday, 30th July – Orton Methodist Church – Angela Mills
(formerly of Capernwray Bible College)

Sunday, 29th October – Newbiggin Methodist Church – Rev John Morton

EVERYONE WELCOME

Ravenstonedale Village News & Events



ST OSWALD'S CHURCH, RAVENSTONEDALE

Easter Saturday Coffee Morning at St Oswald's

Will take place in Church
on Saturday 8th April 2023
between 10.30am and 12.00 noon.

Selection of refreshments with
homemade cakes and scones.

All are most welcome to come and join us.

No tickets necessary, just turn up !

*Donations to be divided between Eden Valley
Hospice and Jigsaw Children's Hospice, Carlisle*



Wonderful Weaving Workshops

Wednesday 26th April
at Ravenstonedale Heritage Centre

2 half day sessions
09:30 am – 12:30 pm and 1:30 pm – 4:30 pm.

Use hand-made Herdwick yarn and a rigid heddle loom to make your own beautiful, hand-made woven table mat with Susan Denham-Smith of Wild Wool Workshop in Ennerdale.

Susan has been teaching crafts for over 20 years, with the National Trust, in schools and galleries and the long- running craft club at The Fox and Hounds Inn, Ennerdale Bridge. She is a qualified adult education tutor and member of the Guild of Weavers, Spinners and Dyers

Free plus materials cost.

To book this event please visit:
www.thewestmorlanddales.org.uk
or email Nicola Estill at Nicola-estill@fld.org.uk

Dates for your Diary

We are delighted to announce a series of Concerts / Recitals as follows :

- a) Sunday 21st May at 5.00-6.00pm
Recital of music for Trumpet
(Michael Atkinson) & Organ (Martin Budgett)
- b) Saturday 17th June at 4.30-6.30pm
'Vive La France' a Concert of French music
by Cobwebs Chamber Orchestra
- c) Sunday 20th August at 3.00-5.00pm - Concert
of Handel Organ Concerti and Baroque
Orchestral music by The Wensum Camerata
- d) (d) Sunday 10th December at 3.00-5.00pm - JS
Bach Cantata No.1 from Christmas Oratorio
and Magnificat in D by The Wensum Camerata

Further information will follow in due course.

Announcement !....

There is now a full Wi-Fi connection in St Oswald's Church provided by B4RN Fibre Broadband in conjunction with a scheme to supply many properties in Ravenstonedale.





THE VAGABONDS
PRESENT

'A MONARCH A MINUTE' A RIGHT ROYAL HISTORY OF BRITAIN

COMPLETELY ACCURATE IN PARTS

AN ENTERTAINMENT IN WORDS AND MUSIC
TO COMMEMORATE THE CORONATION OF KING CHARLES III

WRITTEN & DIRECTED BY JOAN BARNARD

ST OSWALD'S CHURCH
RAVENSTONEDALE

FRIDAY 5TH & SATURDAY 6TH MAY, 2023
7:30PM

DOORS AND BAR (CASH ONLY) OPEN AT 7:00PM
BAR WILL RE-OPEN AFTER THE SHOW
AT APPROXIMATELY 8:30PM

SUITABLE FOR ALL AGES

FREE ENTRY
RETIRAL COLLECTION IN AID OF
THE PRINCE'S TRUST & ST OSWALD'S CHURCH



RAVENSTONEDALE COMMUNITY & HERITAGE CENTRE

COFFEE & CHAT

1ST MONDAY OF THE MONTH

10.30 to 12 noon

ALL WELCOME

WE WOULD LOVE TO SEE YOU

No fixed charge but donations towards the

centre running costs are also welcome

Book Swap/Borrow Available

Herald

Notes from the Herald April, 1923

Cold easterlies all month. BST 22nd April – 16th September.

Orton and Tebay Parish Council's joint meeting at Tebay Infant School, Tuesday, evening, 10th, with their District Councillors to discuss what next in getting the GPO to improve the postal services there. The GPO's reply ignores their points and fobs them off. Resolved "Try again and call in the M.P. (C. Weston, M.P.). Previous meetings with GPO officials in Kendal and Preston have got Orton's mail to arrive 55 minutes earlier, but the last collection is still 4.10pm at Orton and 5pm at Tebay. In the morning the mailbags arrive at Tebay Station at 5.52am and lie there uncollected for hours.

Mr. J. Dunning (Orton) and colleagues, the judges at Appleby's Fell Pony Stallion Show were unable to agree on the two winners and had to call in a referee (from Musgrave) to decide. Died at her brother's (Dr. Graham) on 25th, Jane Stroughton, 67. She was buried at Orton on Saturday, 27th, 2.30pm.

Tebay Parochial Committee and Parish Council annual meeting on Tuesday 10th in the evening. Infant School voted to get R.D.C. to appoint Mr. J. Dodd, Greenholme as Tebay's Scavenger. Also to get R.D.C. to prosecute those throwing litter over the Tebay end of Low Lane's railings. The footpath from LNER's bridge to Church Street is bad and the Roundthwaite road tip needs enlarging.

Married at Tebay Church on 25th, Frank Whitehead Bushby to Edith Yates, both of Tebay.

Ravenstonedale Died at Town Head on 12th, Jane, widow of Robert Whitefield. She was 71 and buried at Ravenstonedale on Sunday, 15th, 2pm.

Thank you Jeremy Godwin for the Notes.

RAVENSTONEDALE SHOW 19th AUGUST 2023

The Ladies Committee extends warm thanks to all who have, in the past, kindly donated prize money for classes in the Industrial Tent

If you would like to donate prize money for a class in the Industrial Tent at this year's show, please

email RASLadies@outlook.com

Or phone Debbie on 015396 23567 / 07871 733245

next market

Saturday 8th April

Leanne | Market Coordinator
07969 335598 — info@ortonfarmers.co.uk
www.ortonfarmers.co.uk

ORTON  **N**
FARMERS' MARKET
held 2nd Saturday of every month

All Saints Coffee Morning
at the Farmers Market
In March raised a total of £347.19

Many thanks to all who came and drank tea or
coffee, or bought bric-a-brac
— and of course, to all our helpers
who made it possible.



Orton Methodist Chapel



Join us on Easter Day -
Sunday, 9th April
at 10.30am

A service for all ages
Led by Rev Paul Dunstan

*Egg hunt and pasche egg rolling
for the children afterwards*



*Coffee and refreshments served
All are most welcome*

For any further information
tel Rachel Woof 24372 or Ruth Bainbridge 24278

NORTH WESTMORLAND ARTS



Bradley Creswick
(violin)
Roberto Carrillo-Garcia
(bass & guitar)
Gemma Beeson
(piano)

Bradley Creswick,
previously leader of the
Royal Northern Sinfonia
for two stints, comes to
Appleby with his friends
with an eclectic mix of
repertoire that will be guaranteed to
delight.

Sunday 2nd April – 7.30pm
Appleby Public Hall

Tickets £20 at the door or online
www.appleby-concerts.org.uk
Tel: 017684 83777



BRING & SHARE

(sandwiches, cakes, pies etc or your "special dish"!)

SUNDAY 7TH MAY

ORTON MARKET HALL

11.30AM-2PM

HOT & COLD DRINKS & NIBBLES

WILL BE SERVED

SUPERB RAFFLE IN AID OF LOCAL CHARITIES

(N.W.A.A & Church tower fund)

Contact Paula for more details 07768 477179



The Queen's Platinum Jubilee Celebrations

**1st Print Run
SOLD OUT!**

Orton 2022

Commemorative book for The Queen's Platinum Jubilee Celebrations

The first print run is now sold out however there will be a second (and final) print run.

If you want to have a copy of this Commemorative book which includes a slice of Orton history then visit my website and look for 'Platinum Jubilee' in the main menu. Click on that and follow the instructions.

The cost will depend on the number printed but I expect it will be around £23-£25.

The book contains many portraits covering those that made the celebrations so successful as well as some of the visitors who enjoyed them. In addition there are over 90 photographs covering the various events that took place over the 4 days.

The book is Hardback, 25cm x 20cm. 240 pages.

Thanks

Steve Crook

stevecrookphotography.com

ORTON BUS SHELTER CHARITY BOOKS

During 2022, the money donated totalled £2,320.

This was shared equally between
Ovarian Cancer Research
& All Saints Church, Orton.

A very big thank you to everyone who, in so many ways, has helped to raise this amazing amount.

Olive, Joyce & Judith.

BOCCIA

in ORTON MARKET HALL

♿ Not only for para-Olympians,
- but a **fun game for everyone!**

Sessions are on alternate THURSDAY
afternoons from 1.30pm to 3.30pm



For more details please contact
Felicity Lawler

Email:- fglawler@gmail.com



BINGO

ORTON MARKET HALL

FRIDAY 14th April

**ALL WELCOME
7-30pm**

**TEA AND COFFEE
RAFFLE**

**MONEY RAISED TO
ORTON MARKET HALL
AND
KENDAL MAJORETTES**





Full-Time Nursery Places Available

Did you know that Orton CE Primary School offers Part-Time, Flexible or Full-Time Nursery Places for children from their 3rd Birthday?

Nursery care is offered from 8am—5.30pm Monday to Friday during term time.

Orton CE Primary School is a really happy and caring setting where experienced staff work hard to meet the needs of each individual child.

We accept Nursery vouchers and can support you with applying for any Nursery funding that you may be entitled to.

If you would like to find out more or arrange a visit please get in touch with either Vicky or Emma at the school on 015396 24268

email - head@orton.cumbria.sch.uk

<https://www.ortoncofeprimary.co.uk/>

*Orton CE School is a
happy place to learn, grow and thrive.*

Champing in All Saints' Church?

Please see Christopher's full article on Page 19 which explains this idea in more detail.

The PCC of Orton with Tebay is exploring the idea for All Saints, Orton.

We will hold a public meeting in church on Thursday 13th April at 7.30 p.m. and would ask and encourage members of the community to come and share their views.

Public Notices

Orton Manor Court

Tenders are requested for the following Annual Grass Lettings
May 1st 2023—April 1st 2024

Lot 1:

Howes Quarry—Approximately 6 Acres

Lot 2:

Small Parcel of Land at Field Head, Park Lane

Please send Sealed Bids

BEFORE Friday 7th April 2023 to:-

Jan Anning (Steward to Orton Manor Court)
Rayne, Gaisgill, PENRITH, CA10 3UD.



Free Stay and Play Sessions

We are excited to let you know that we are running weekly

Stay and Play Sessions in school.

Our Stay and Play sessions are open to all parents / carers and their children from birth to pre-school. The more the merrier!

These are on Tuesday's from 9.30am—11.30am.

Refreshments are provided.

Booking not required and there is no charge. All welcome.

If you would like to find out more please get in touch the school office on 015396 24268

email - admin@orton.cumbria.sch.uk

<https://www.ortoncofeprimary.co.uk/>

*Orton CE School is a
happy place to learn, grow and thrive.*

Orton

Church Exhibition & Village Scarecrow Festival 2023

The Centenary of Disney

Saturday 27th May - Sunday 4th June

Refreshments available daily in church
Scarecrows on display around the Village

Further Details 24617



News from rton School

What a busy and exciting start to the second half of the Spring term we have had.

World Book Day, Dodgeball tournament, Gymnastics competition, singing in Appleby, making music with brass instruments and celebrating the festival of Holi.

Brass lessons

On every Wednesday in key stage 2 we have brass lessons, they are with 'Brass in Eden'. Every lesson we learn different notes and in the 3rd week we are all ready learning 2 pieces! They are really good! Some of us like it and others don't.

By Ruth.



Class 1 joined the rest of the school to celebrate World Book Day.

As you can see they had great fun dressing up as their favorite book characters

People dressed up as Denes, scarecrows, Stig, Mathilda, Fern, Alice, Dolle Parton.

Lucy



Class 2 went to Appleby Market Hall for the "Big Little Sing".

The theme was Jack and the Beanstalk. We sang 'Fee Fi Fo Fum' as well as 'The Little Red Hen'. Sadie said "It was fun" Jacob thought "It was amazing" and Orla said "It was loud!"



ON MONDAY WE HAD A GYMNASTICS COMPETITION

THERE WERE 3 GROUPS FROM ORTON SCHOOL THERE WAS CLASS 2 YEAR 1 AND 2, CLASS 3 YEAR 3 AND 4 AND CLASS 4 YEAR 5 AND 6 THERE ARE A LOT OF NAMES. WE PRACTICED IN THE MORNING BEFORE WE WENT AND OBVIOUSLY BEFORE THAT WE HAD AN EARLY LUNCH THEN WE SAID BYE STEPHEN AND JOSHUA SAID GOOD LUCK ONLY 16 COULD FIT IN SAS'S BUS WHICH WAS PERFECT BECAUSE THAT MEANT CLASS 3 COULD GO IN THE OTHER MINI BUS. Lucy and Alice

Holi celebration

On Wednesday the 8.3.23 at 3:00 we all dressed up in old clothes.

Then we all got given gulal which is a colourful powder. And then the teacher went 54321 and then everyone started throwing Gulal and after it had finished we all went home very colourful with all different colours. By Bella-Blossom and Stephen

Holi is a Hindu festival that celebrates spring, love, and new life. Some families hold religious ceremonies, but for many Holi is more a time for fun. It's a colourful festival, with dancing, singing and throwing of powder paint and coloured water. Holi is also known as the "festival of colours".

<https://www.ortoncofeprimary.co.uk/>

Get in touch by email or phone:
admin@orton.cumbria.sch.uk
01539624268

Follow us on Facebook:
<https://www.facebook.com/OrtonCEPrimarySchool>

Keep up to date on our website:

www.ortoncofeprimary.co.uk

Send us your contributions — TheLinkMagazine@outlook.com





**The Square,
Orton, CA10 3RX
015396 24225**

Opening Hours – Village Stores

Monday	9 am to 6 pm
Tuesday – Saturday	8 am to 6 pm
Sunday	10 am to 2 pm

Opening Hours – Orton Post Office

*(temporary opening hours dovetailing with Tebay Post Office to provide postal services from Monday to Saturday inclusive)**

Tuesday	9 am to 5 pm	3:45 pm
Thursday	9 am to 5 pm	3:45 pm
Saturday	9 am to 4 pm	11:20 am

We hope to see you soon.

Jayne and Neville Grove

orton.village.stores@btinternet.com

There is also a post-office in Tebay, open on:

Monday	9am—1pm & 1.30pm—5.30pm
Wednesday	9am—1pm & 1.30pm—5.30pm
Friday	9am—1pm & 1.30pm—5.30pm

New arrivals

Well, here we are with 2 new priests in our area, namely, Rev Stephen Tudway living at Morland and Rev Brendan Giblin at Kirkby Stephen. Our own Rev Fran Parkinson, jointly with Rev Andrew Burrell is soon to start in Appleby area too!

We welcome them to our areas and trust they will settle well in this beautiful area and enjoy their ministry amongst us

- I have been reflecting on 2 verses from the Bible which I find very helpful in my daily life. The first is Philippians 4 v 8 ***“Finally whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is lovely whatever is commendable – if there is any moral excellence and if there is any praise – dwell on these things”*** It is so positive to think about these words. At Arnside there is a stone plaque facing the lovely view over the estuary with these lovely words written on it.
- I am a great fan of Facebook. It is encouraging to keep in touch with our friends. I love photography and spend a lot of time taking pictures. Two of the most beautiful things in our world are flowers and birds. And so I put quite a few of these on as a way of dwelling on things that are ***“lovely”*** - *some of the birds from around the world have the most exquisite colours.*
- The other verse I find helpful is 2 Corinthians 1 v 3 - 4 ***“Blessed be the God and Father of our Lord Jesus Christ, the father of mercies and the God of all comfort. He comforts us in all our affliction so that we may be able to comfort those who are in any kind of affliction through the comfort we ourselves receive from God”***
- In our day to day lives many of us have faced very scary situations and various folks may have helped us through them to enable us to find peace and safety. I am very grateful to those who have helped me and hopefully as a consequence of this I can help others in similar situations.

Let's pray that we can be encouraged to think on lovely things day by day and help those around us who face difficult situations

*Rosemary Campbell
Lay Minister, St James Church, Tebay*

What's on in Orton Market Hall?	
Bookings: 015396 24140 bookingsortonmarkethall@mail.com	
Day	Activity
Monday	Pilates 9:30-11:00am and 11:30-1:00pm
Tuesday	Shap Medical Practice prescriptions collection 10:00-11:00am Yoga 7:00-8:15pm
Wednesday	Absolute Beginners Yoga 9:00am - 10:15am Chair Yoga 10:30am - 11:30am
Thursday	Boccia 2-4pm (fortnightly) Badminton 7:00-9:00pm
Friday	Bingo 2 nd Friday of the month 7:00-9:30pm
Saturday	Orton Farmer's Market – 2 nd Saturday of the month 9:00-2:00pm
Sunday	New Beginnings Church 10:30am-12:30 Yoga last Sunday of the month 7:00-8:30pm

Flowers in Orton Church for the Coronation

King Charles the Third will be crowned on Saturday 6th May 2023 in Westminster Abbey. There will of course be celebrations of all kinds around the country, including in our own local community.

Let All Saints, Orton also celebrate this great occasion – the first Coronation for 70 years – with flower arrangements to create a riot of colour around our ancient church!

We would like a floral display in every window, as well as on the Altar and various pedestals.

✿ Would you like to take part?

*You may not see yourself as a talented and artistic flower-arranger, but **everybody's contribution, however simple, would be very welcome.***

Vases of various sizes and shapes can be supplied if required, as well as a variety of iron pedestals.

✿ Would you prefer just to provide some flowers for someone else to arrange?

That would also be very acceptable – I'm sure we could find someone to do the actual display.

If you would like to be a part of this project, please contact me as soon as possible – even if just to discuss possibilities or ask questions!

Mary Jenkin
015396 24410
marypjenkin@gmail.com



Legendary Stories of the Westmorland Dales

Three short films featuring local legends and children's artwork have been created by renowned Cumbria-based storyteller, Emily Hennessey and children from 7 local primary schools.

The three legends 'retold' by the children are all closely tied to their local landscape setting, from the story of Mary Baines leading the hunt a merry dance down the Tebay gorge, to King Uther Pendragon's attempts to divert the River Eden in Mallerstang and the strange antics of the Orton Dobbie in a remote farmhouse in the hills.



All three films are now available to watch online at the link below:

www.friendsofthelakedistrict.org.uk/legendary-films

Did you know?

Tebay Primary School offers...

- Flexible nursery provision from 3 years of age for the full 30 hours.
- Nursery provision from 9:00 until 3:30 Monday-Friday.
- Breakfast club from 8:00am.
- After School Club until 5:00pm.
- Small class sizes; all needs are catered for.
- Outstanding outdoor provision.
- Fresh school meals cooked on site.
- Support from Cumbria Education Trust.
- Excellent links with various secondary schools.
- Excellent support for SEND pupils.
- A tailored curriculum enhanced by trips, residential and experiences.

Discover a flourishing environment in the heart of our community.
A small school full of BIG opportunities.

We would be happy to show you around and discuss your child's individual needs

For more details or to arrange a visit, contact Tracy Morland on 015396 24239 or email admin@tebay.cumbria.sch.uk

Website: www.tebay.cumbria.sch.uk
Facebook: www.facebook.com/tebayprimaryschool

Cumbria Education Trust

BINGO

SATURDAY 22ND APRIL 7:30pm

BINGO NIGHT

TEBAY CLUB

GAMES*PRIZES

TO REMEMBER AMANDA JAMES

All proceeds to Friends of Tebay School in memory of our friend Amanda James

Tebay Senior Citizens Lunch & Trip
Tuesday 16th May 2023

Open to all 60 year olds and over in Tebay Parish

We are doing things a little different this year to end our committee in style. If you like to join in and find out how, see Pam in the Post Office or ring Pam on 24967 or Ann on 24371. Closing date: 28th April 2023



YOUR CLUB



Like so many businesses post Covid and during the cost of living crisis, the Club is really struggling to meet costs at the moment and needs your support.

How can you support us?

- Become a member - for just £15 a year you can become a member and enjoy reduced price drinks and free venue hire
- Pop in whenever you can - even with prices everywhere going up, the club is still extremely reasonable for drinks, just £3.50 for a pint of lager, £4.00 for a G&T and £3.30 for a glass of wine.
- Support our monthly events & suggest events for us to host in the Club. For events to be successful we need bums on seats and drinks in hands!
- Share our Facebook posts far & wide
- Hold your own event here, we have a fully functioning kitchen and a huge function room. We can cater your event to any budget, or you can do your own catering. The Club can host Weddings, Birthday parties, Christenings & more. It's got a stage for a Band/DJ

Over the years the Club has supported the School, the Church, many, many Charity nights, World Cups have been watched here on the big screen.... the list is endless!

Can you imagine where you might do these things if The Club were no longer there? It's our turn to support the club in its time of need otherwise sadly one day it won't be here.



FRIENDS OF TEBAY SCHOOL PRESENTS

Auction of promises

FOLLOWED BY LIVE MUSIC FROM

Strike It Up!

Friday, 22nd September 2023 @ 7pm

save the date

Children from Class 3 and Year 3 have been busy practising for Cumbria Education Trust's 'Shine As One' performance at The Sands Centre Carlisle on Tuesday 21st March.

Cumbria Education Trust is delighted to present their 'Shine As One' performance event on 21st March at 6.00pm at the Sands Centre, Carlisle. The evening will see young people aged 3-18 from all of Cumbria Education Trust's schools come together for the first time in CET's history to perform on the big stage and to provide a spectacular evening of dance, music and drama performance. This event will involve over 500 students from across all 13 of Cumbria Education Trust's schools, providing a showcase event and enriching experience for young people across Cumbria. For the vast majority of the children involved, being part of an event such as this, is something that they would normally only ever dream of, and we suggest that you get your tickets quickly, as it is certainly going to be an extremely special evening. The event will involve individual performances from each school, as well as joint Opening and Closing numbers involving students from across all CET schools.

World Book Day.

Children and staff came to school on Thursday 2nd March dressed as their favourite book character to celebrate World Book Day. Children brought in their favourite book



and shared it with their friends

Mystery Readers.

Class 1 have had 'Mystery Readers' visit their classroom. Miss Hill invited any parents, grandparents, relatives or friends to put their names down to visit class 1 and read the children their favourite story. Children are unaware who is visiting and when.

Reading is highly valued in our classrooms and inviting parents into our community of readers strengthens the home-school connection that is important in helping the children grow as readers.

Mrs Hodgson started recorder lessons with year groups from Class 2 and 3. The children are really enjoying the lessons and can't wait to learn how to read, compose and play different types music. Thank you Mrs Hodgson.



After School Club.

We have Razzamataz visiting after school club on a Wednesday afternoon. The children enjoy an hour of dance, singing and acting led by a member of Razzamataz.

Miss Fisher runs a very popular 'cooking club' on a Thursday afternoon, children have made, pizza, toasted sandwiches and enjoyed the chocolate fountain with fresh fruit.

After Easter we will be running the ever popular 'gardening club'.

Friends of Tebay School:

The school really appreciates everything Friends of Tebay School do for the children of Tebay Primary School.

The amount of money that has gone to the school this year alone is £6186.92, this money has gone towards items for our art/music room, paid for trips to Lancaster Castle, Talkin Tarn, Brewery Arts Centre, South Lakes Zoo, Tullie House, Class 3 residential and items for after school club.

Upcoming events:

Saturday 25th March – Soup and a sandwich 11am to 1pm in the school hall.

Saturday 22nd April – Bingo in memory of Amanda James, eyes down at 7.30pm in Tebay Club.

Saturday 6th May – Best crown disco at Tebay Club (time to be confirmed).

Wednesday 28th June – Cakes and sandwiches for Tebay fell race.

We really appreciate the support our community gives to the school, thank you from us all.

Do visit us:

In person — by arrangement with the school

Online: www.tebay.cumbria.sch.uk

On FB: [facebook.com/TebayPrimarySchool](https://www.facebook.com/TebayPrimarySchool)

On Twitter: [@TebaySchool](https://twitter.com/TebaySchool)

Tracy Morland — School Administrator.

admin@tebay.cumbria.sch.uk

Tebay Primary School Tel: 015396 24239



Tebay celebrates the Coronation of King Charles III



Final details including timings will appear in the May Link

Coronation Windows



From Monday 1st May, decorate your homes in Red, White & Blue or in any Coronation theme you fancy to celebrate this historic event in our country.

Coronation Big Lunch



Together with the Warm Welcome

Team, you are invited to the Coronation Big Lunch at Tebay Chapel from 12:30pm until 4.30pm on Sunday 7th May. This will be a bring and share event, with hot and cold food, so bring along some food to share with others in our lovely village.



w/c 1st May
dress your window in
Red, White & Blue

Saturday 6th May
Live screening of the
Coronation with Cream Teas

Sunday 7th May
Coronation Church Service
Big Coronation Lunch

Monday 8th May
Big Village Help Out

Evening events:

Saturday 6th — family disco at
Tebay Club with crown competition

Sunday 7th - 'Karaoke at the
Keys' with fancy dress



Coronation Screening

Join the community on Saturday 6th May for a live screening of the Coronation of King Charles III whilst enjoying tea, scones and cake at Tebay Club (the bar will also be open). We will be open an hour before the Coronation begins.

Coronation Service

10.30am, St James Church — a family friendly service, with music from the Tebay Kids Choir.

Big Help Out

Monday 8th May will see the Community come together for the Big Help Out. Know of any jobs that need doing in our village? Litter picking? Verge weeding? Fence repairs? Filling up the dog poo bags? Let us know by posting your suggestions in our box at Tebay Post Office, Tebay Club and the Cross Keys Inn.



Tebay Community Choir
10th Anniversary Concert
Monday 22nd June at 7.30 pm
St James's Church, Tebay

Performances by Melody Makers, Tebay Kids' Choir
and the Community Choir
Celebratory refreshments afterwards in Tebay Club.
Retiring collection in aid of St James Church.

Any spare time on Tuesday afternoons?

Come and join us at
Tebay Methodist school room
from 2pm — 4pm, for games & crafts,
a cup of tea & a natter.
You will be very welcome!

THE HUB



Tebay Community
Library & Drop In
in the Hub
St. James' Church, Tebay

Every Monday morning
10.30am - 12.30pm

Refreshments - Books to borrow and buy

All ages welcome

TEBAY PARISH COUNCIL

Tebay Parish Council met on February 22nd to consider the following:

Art Work on the Roundabout

Tenders had been invited for the sculpture on the Roundabout and several artists had responded. The outcome would be considered at the March meeting of the Council.

Highways

The clerk was asked to report Low Lane to County Highways as being out of repair and the highways drains in Church Street were to be reported as defective, allowing water to cause considerable damage to the road.

Play Areas

The Parish Council had applied to County Council for a grant to purchase new fencing for both play areas and the outcome of this was awaited. The new play tower at the Mount Pleasant play area was in place and all the equipment had been professionally surveyed and was found to be in good order.

Click below (or copy this into your browser) for your entry form for the Greenholme Agricultural Show:

https://issuu.com/greenholmeshow/docs/entry_form_2023

71st GREENHOLME GALA AND AGRICULTURAL SHOW

**To be held at Greenholme
on
Saturday 10th June
2023**

ALL CLASSES OPEN

**CLOSING DATE FOR ENTRIES :
Tuesday 9th May**

**Including classes for
ROUGH FELL SHEEP
TEXEL SHEEP CLASSES
& ANY OTHER BREED OF
SHEEP**

HOME PRODUCE

36. 3 Brown Eggs
37. 3 White eggs
38. Best 3 sticks of Rhubarb
39. Handmade Seeded rolls(3)
40. Handmade Loaf of brown bread
41. Handmade Loaf of white bread
42. 3 Yorkshire Puddings
43. Individual Savoury Pie – with Base & Lid
44. 3 Sausage Rolls
45. Jar of chutney
46. Jar of Apple Jelly
47. Jar Raspberry jam
48. 3 Rhubarb and Ginger Scones
49. 3 pieces tray bake - cooked
50. 3 pieces traybake - uncooked
51. 3 Butterfly buns
52. 3 Chocolate Blondies
53. 3 Ginger biscuits
54. 3 Jam Tarts
55. 3 shortbread biscuits
56. 3 Banana and Toffee Muffins
57. 3 pieces of Flapjack
58. Banana loaf
59. Rich fruit cake
60. Ginger bread
61. Tea Bread
62. Vegan Victoria Sponge
63. Coronation Cake
64. Coffee Cake - decorated
65. Lemon drizzle cake

66. Best Chocolate cake [unfilled, undecorated and made in one tin]
67. Clifton Grids – to set recipe - see end of schedule
68. Individual Dessert
69. Damson/Sloe Gin or any Liqueur [in clear glass bottle, labelled]
70. MENS BAKING - Carrot Cake

HANDICRAFTS

71. Homemade Jewellery
72. Christmas Craft Item
73. Item of Crochet or Knitting
74. Something made of Buttons
75. Painting - any medium
76. Homemade Animal – any medium
77. Something homemade out of Clay
78. Novelty Jug
79. Article - hand or machine sewn
80. Needlecraft - inc cross stitch
81. Any other handicraft - Ladies/Gents
82. Best pot plant
83. Garden on a plate (nor more than 12" diameter/width)
84. Decorated Wreath
85. Homemade felt article
86. Homemade Table Runner
87. Famous Person out of a vegetable (please name)
88. Something upcycled
89. Something made from Sheep Fleece
90. A Coronation Limerick related Limerick
91. Homemade Cushion
92. Homemade Picture Frame
93. Homemade Wooden item

PHOTOGRAPHS

94. Any Photo – 'Summer Fun'
95. Any View
96. Any Photo of Child/Children
97. Any Photo of Animal(s)
98. Any Photo of a Cat
99. Any other Photo
100. Any other Photo - with a caption
101. A Collection of 2 Photographs - Sunrise and Sunset
102. Any Photo of 'nature in Close Up'
103. Action Photo
104. Photo – Object photographed from an unusual angle
105. Selfie
106. Black and White photo

CHILDREN'S CLASSES

107. PRE-SCHOOL only - A Picture - any medium
108. Pizza - base can be bought
109. Picture of the king on Throne
110. 3 Cornflake Cakes
111. 3 Decorated Sponge Buns
112. Lego model – own design – to sit on A4 Sheet.
113. Photo (primary school age)
114. Farm on a plate
115. Drawing of your house [max A3]
116. Coronation Card
117. Picture - Any medium
118. Bunting
119. Greenholme Show Poster
120. Handwriting – Nursery Rhyme
121. Decorated peg Doll
122. Room in a Show Box
123. Coronation Crown
124. Any handicraft

Secondary school age

125. Decorated Pizza – base can be bought
126. 3 Choc chip cookies
127. 3 Muffins
128. Any other handicraft
129. Computer Generated Coronation Card
130. Photo
131. Animal made of vegetables
132. Picture – any medium

**Please see full schedule
for rules and entry form.**

Available on our Facebook
page
'Greenholme Agricultural
Show & Gala'

**or from
[greenholmeshowsecretary@
gmail.com](mailto:greenholmeshowsecretary@gmail.com)**

or
[https://issuu.com/greenholmes
how/docs/schedule_2023_pdf](https://issuu.com/greenholmeshow/docs/schedule_2023_pdf)
[https://issuu.com/greenholmes
how/docs/entry form_2023](https://issuu.com/greenholmeshow/docs/entry_form_2023)

**LOOKING FORWARD TO
SEEING YOU ALL AGAIN**

Many thanks to all our
sponsors.

News from All Saints' Church, Kasese, Uganda

*parish linked
with All Saints', Orton*



WhatsApp messages and emails received

Kasese news

From Rev. Nelson Walina, previous vicar, now Diocesan Secretary

3.2.23: All Saints Pro-cathedral Parish is moving on very well with the new Vicar, (Rev. Christopher Syauswa) and the continuing lovely head of Laity.

11.2.23: Thanks so so much dear family friends for your prayers. That is how far Esther has reached (see right). She has healed. She can walk and eat though slowly. (**Esther, Nelson's daughter, had been seriously ill in hospital.**)



26.2.23: Today, Sunday, I was in my first rural Parish, called Nyakabingo Parish, the Parish where I was born. I have gone there to solicit 11 million shillings (£2,500) for a Vicar's house at the Church. We are fundraising to raise that amount. So kindly pray with me: as Diocesan Secretary, I have a lot to do within 76 Parishes of the Diocese, responsible for Parishes' development, including Staff's spiritual and physical development.

27.2.23: We texted: "Your name was mentioned in our prayers yesterday!"

Reply: Great! I love to hear that about prayers upon me.

On Sunday 5th May, I will be at All saints Parish to celebrate Professional Day and solicit money to boost the development account for church land loan repayments. This is around 13 million shillings (£3,000).

I will call all my friends to contribute little, so that we make something to help them.

As a Diocesan Secretary, I will make sure to assist my Successor to pay off the loan because it was handled over to me, and the Bishop transferred me before completion. He is aware of my roles.

1.3.23: Chris and Mary, kindly preach to us as Couples Fellowship on Sunday 5th March, at 8:00pm.

(We agreed to do this; 8pm Uganda time is 5pm UK time.)

I texted him, and told him that in response to his appeal for

help to purchase Service Books for Diocesan staff prayer, "I reported it in our parish magazine, The Link, and yesterday a lady called at my house with a gift of money for books! So she is the Samaritan lady you were praying for."

Reply: Amen. Thanks for all the two messages: One is



supporting the Bishop's Staff with the daily guide books to encourage them read the Word of God.

We use them also during the bible study in the Boardroom.

(Picture: Bishop's Staff are happy when receiving the Daily Guide books from friends UK.)

Two, for accepting to speak to us on the coming Sunday, 5th March.

On 5th March we took part in a Zoom service, joined by quite a number of young couples (some with their children), and two other UK ladies who led prayers. Rev. Nelson's daughter Jennifer said a prayer for Orton church and mentioned by name particular people in Orton needing healing.



The Link — your local church & community magazine

Champing in All Saints' Church?

"What is Champing?". It means simply "Camping in a Church" – a scheme started some years ago by the Churches Conservation Trust (CCT), which cares for closed churches. Initially it was to find a use for such churches where there are now no services of worship, but increasing numbers of active churches are adopting the scheme. See: champing.co.uk

It involves the church setting out camp beds, with a pillow and light blanket on each, and other facilities for individuals or families to spend a night there in the church. Aspiring Champers book through the CCT website, where they can find the church of their choice and what dates are available. The CCT deducts a commission and VAT and sends the balance to the church.

An example is St. Mary's, Longsleddale; in the last two years about £6,000 has been added to their church funds through the scheme, and they are enthusiastic about it.



Longsleddale, Cumbria – St Mary's

The PCC of Orton with Tebay is exploring the idea for All Saints, Orton. Each church wanting to take part decides on the details – how many people to welcome, what dates are available, what facilities to offer, etc.

What sort of people want to sleep in a church?

Apart from tourists and perhaps those doing the Coast to Coast walk, the experience of churches around the country indicates that they include: those seeking solace, or seeking shelter on their pilgrimage, artists seeking inspiration, families educating their children, solo travellers.

Champing also :

benefits the local businesses, brings communities together in common purpose, welcomes everyone to find their own meaning in a sacred space, and highlights our shared history and culture .

So we are now asking the readers of The Link what they feel about it.

If you have any thoughts, positive or negative, please tell a churchwarden, the new Priest-in-charge, the Revd. Brendan Giblin, or myself, chairman of the PCC's Champing Sub-Committee.

We will hold a public meeting in church on Thursday 13th April at 7.30 p.m. and want to encourage members of the church, the community and local businesses to come and share their views.

Christopher Jenkin
Tel: 24410
Email: ccjenkin81@gmail.com

Easter Day SONRISE SERVICE 6.30 a.m.



Once again the local churches between Shap, Tebay, Orton, Ravenstonedale and Appleby are sharing in a short open-air service to greet the risen Lord Jesus on Easter Sunday morning.

So set your alarm! Easter Day is Sunday 9th April, the service is at 6.30 a.m. and the sun will rise over Cumbria at 6.27 a.m.!

Wrap up warm, and come out to Raise Howe on the east side of Orton Scar (just above the cattle grid on the way down to Appleby). And pass the word around to Christians in all the churches.

Appleby Town Band will be there to accompany the hymns; the speakers will be Methodists, Rev. John or Rev. Lesley Riley, and the service is to be led by the new Priest in Charge of the Upper Eden and Westmorland Dales Benefice, the Rev. Brendan Giblin!

You can find the exact spot using *What3Words* by searching [songbook.option.august](https://www.what3words.com/songbook.option.august)

All are invited for a simple breakfast
at Christine and David's home
following the Easter Sunday
Sunrise Service

*You're welcome even if
you don't go to the service!*



Christine & David
Rookery Barn
Raisbeck
CA10 3SG
015396 24971

Services in our Anglican Churches

Sunday 2 April <i>Palm Sunday</i> Welcomer: Isaiah 50:4-9a Philippians 2:5-11 <i>Red</i> Prayers:	Orton, 10.30am Service of the Word <i>Brendan Giblin</i> Keith & Janet Capp Andrea Dutton Mary Jenkin Chris Bland	Tebay, 10.30am Songs of Praise at the Methodist church	Ravenstonedale, 10.00am All Age Worship <i>Fran Parkinson</i> Hilary Law
Friday 7 April <i>Good Friday</i> <i>Red</i>	Ravenstonedale, 12.00pm Meditative Reflection <i>Fran Parkinson</i>		
Sunday 9 April <i>Easter</i> Welcomer: Acts 10:34-43 Colossians 3:1-4 <i>White</i> Prayers:	Orton, 10.30am Holy Communion <i>Sandra Ward</i> Chris Bland Margaret Longworth Elizabeth Crossley Olive Bland	Tebay, 10.30am Holy Communion <i>Chris Jenkin</i>	Ravenstonedale, 10.00am Holy Communion <i>Carole Marsden</i> Richard Best Ian Torkington
Sunday 16 April <i>Easter 2</i> Welcomer: Exodus 14:10-31, 15:20-21 1 Peter 1:3-9 <i>White</i> Prayers:	Orton, 8.30am Holy Communion (BCP) <i>Chris Jenkin</i> Mary Jenkin	Tebay, 10.30am Holy Communion <i>Brendan Giblin</i>	Ravenstonedale, 6.30pm Evening Prayer <i>Brendan Giblin</i> Diana Fothergill Sally Cannon
Sunday 23 April <i>Easter 3</i> Welcomer: Zephaniah 3:14-20 1 Peter 1:17-23 <i>White</i> Prayers:	Orton, 10.30am Family Service (Baptism) <i>Brendan Giblin</i> Mary Jenkin	Tebay, 10.30am Joint Service <i>with All Saint's Orton</i> Followed by Annual Parochial Church Meeting at 11.45am and then a bring and share lunch	Ravenstonedale, 10.00am Service of the Word <i>Rosemary Campbell</i> Martin Lovell Sarah Lovell
Sunday 30 April <i>Easter 4</i> Welcomer: Genesis 7 1 Peter 2:19-25 <i>White</i> Prayers:	United Service at St Oswald's, Ravenstonedale, 10.30am Holy Communion <i>Brendan Giblin</i> Zoom meeting number: 894 1727 3600 Followed by Annual Parochial Church Meeting		



Church Contacts

Anglican Church

Vicar Vacancy
Curate On placement
Mission Community Administrator
Joyce Keetley 07741 327318
applebymc@carlisle-diocese.org.uk

Retired clergy
Sandra Ward 24213
(Penrith & Keswick Hospital Chaplain)
Christopher Jenkin 24410

Orton with Tebay

Churchwardens
Chris Bland 24258
Linda Garrick 24262

Martin Lawson 26028
PCC Secretary
Susan Thorpe 24166
s.thorpe669@btinternet.com

Treasurer
Bill Lawler 24465

Local lay minister
Rosemary Campbell 24837

Ravenstonedale with Newbiggin-on-Lune

Churchwardens
Ann Brownrigg 23594
Martin Windle 07899 907958
Tim Parkinson 23393

Secretary
Suesi Windle
suesi.windle@googlemail.com

Treasurer
Tim Parkinson 23393

Methodist Church

Revd Stephen Radford,
017683 71202
stephen.radford@methodist.org.uk

Roman Catholic Church
Fr John Winstanley
Church of Our Lady of Appleby
01768 862273

New Beginnings Church
Pastors: Barry & Karen Hawthorne
07437 468896

Services in our Methodist Churches

	2023	2 nd April	9 th April	16 th April	23 rd April	30 th April
		Palm Sunday	Easter Sunday			
*Tebay M P 1-1300 M H B	10.30	D Thackray US	US at PC	T Taylor	J Ousby	R McGregor
	6.30		Connexion Service at C Garrett		3.30 Cnrxn Svce at Intake Farm Gaisgill	
Shap (Class of Tebay)	10.30	S Radford HC	6.30 Connexion Service at C Garrett		3.30 Cnrxn Svce at Intake Farm Gaisgill	
#Orton M P Complete M H B PB EW	10.30	A Pallister	P Dunstan OA	J Betts HC	LA	S Radford HC
	6.30		Connexion Service at C Garrett		3.30 Cnrxn Svce at Intake Farm Gaisgill	At N on L
#Newbiggin on Lune M P 1-1250 + More on screen M H B	10.30	A Rowell	LA OA	S Radford HC	D Askew	WB Robinson
	6.30	Prayer and Share	Connexion Service at C Garrett	Prayer and Share	3.30 Cnrxn Svce at Intake Farm Gaisgill	Prayer & Share Worship and the Word
*Ravenstonedale M P 1-1144 M H B H & P	2.00	S Radford	A Sterling	S Radford US TBC	J Betts	LA
	6.30		Connexion Service at C Garrett		3.30 Cnrxn Svce at Intake Farm Gaisgill	

Wild Wanderings

Come and join us
to **connect** with each other & the divine in creation
to **reflect** on where we are & who we are called to be
to **act** together to create the change we want to see

A gathering for our community, for people of any age and background
Local walk: a couple of miles, whatever the weather – meet at Tebay chapel, dressed appropriately!
Please bring a plate of savoury or sweet finger food to share.

For further details, please contact Pam on 07552 405500

Sunday 16th April
4pm - 5pm walk
5pm - 6pm shared tea
Meet at Tebay Chapel

Walk with us
or stay and prepare
refreshments for later



New Beginnings Church
A PLACE OF HEALING

Every Sunday
Orton Market Hall, 10.30 am

Baptisms, Weddings and Funerals

If you want to make enquiries about a baptism at any of the Anglican churches, please contact your local church. If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator, Joyce Keetley on 07741 327318

or applebymc@carlisle-diocese.org.uk.

Please make contact with Rev Stephen Radford for any Methodist Church requirements for membership, marriage, funerals, etc.

stephen.radford@methodist.org.uk

Friday 7th April Good Friday Walk of Witness

with short acts of worship

Meet at St Michael's Church Shap at 12 noon then walk to Shap Abbey, picnic if you wish before returning to St Michael's for closing worship, tea and hot cross bun. (Dogs welcome if kept on leads).

The Filling Station

For high quality speakers, sung worship, prayer ministry, and personal testimonies.

We meet on 2nd Thursday of the month. Doors open at 7pm for refreshments and char. Our sung worship will begin at 7.30pm. All welcome for a relaxed evening.

14th April 2023 @ 7 for 7.30pm

Appleby Hub, Chapel Street,
Appleby-in-Westmorland
www.thefillingstation.org.uk





Hope you enjoy this page—let us know if you have any ideas of what else you would like to see here.

Read these verses from the Bible:
Luke 24 v 1-12

Some women go to visit the place where Jesus' body was put after he died, but they find it empty.
You can find an online Bible here: <https://www.biblegateway.com/>
We suggest you choose the Message translation.



Easter—The Empty Tomb



The stone was rolled away and the tomb was empty.
How does emptiness make you feel?

Jesus loves
Write

Use the letters of the word 'Empty' to write a poem about how the empty tomb makes you feel.

E _____
m _____
p _____
t _____
y _____



??????
Puzzle

Can you spot five differences between these two pictures?



Draw

The women who found the tomb felt all kinds of different emotions that day. Fill in the faces to match the emotion.
How do you feel about the story?



scared happy surprised sad excited confused

Upper Eden Medical Practice

Appointments:

We are continuing to operate an initial telephone triage system. If it is urgent for the day please contact the Surgery at 8:30am to arrange a telephone triage call. If a face to face appointment is necessary the Doctor will book you an appropriate appointment.

Routine appointments can be arranged via the e-consult link below, and on our website:

<https://florey.accurx.com/p/A82013>

Dispensary:

Medication can be collected from Kirkby Stephen surgery from 9am to 6pm Monday to Friday and from our Tebay Surgery from 9am to 12:30 on Tuesdays and 3pm to 6pm on Thursdays.

Please allow 3 working days for your prescription to be ready.

Protected Learning time surgery closures:

The PLT on Wed 15th March has now been CANCELLED and the Surgery will remain open.

The surgery will be closed from 1pm on:

- Thursday 20th April 2023
- Wednesday 17th May 2023
- Thursday 15th June 2023

Upcoming Bank Holiday Surgery Closures:

Easter:

Friday 7th April 2023
Monday 10th April

Early May Bank Holiday:
Monday 1st May 2023

The King's coronation
Monday 8th May 2023

Spring Bank Holiday
Monday 29th May 2023

Samples

Please note that samples can be dropped at the Surgery Monday to Friday – but on Fridays they must arrive before 10.30am.

Please ensure they are clearly labelled with name, DOB and time sample was taken.

Covid Spring boosters:

Eligible patients: Adults aged 75 years and over • residents in a care home for older adults • individuals aged 5 years and over who are immunosuppressed. We are putting plans in place to vaccinate our care home and eligible housebound patients. All other eligible patients should book via a local vaccination centre.

Shingles:

You are eligible for the shingles vaccine if you are aged 70 to 79.

<https://www.upperedenmedicalpractice.co.uk/News/a778c2d8-e6e9-49a0-a0cf-ba9191fb690b>

☎: 017683 74015

Orton Surgery & Shap Medical Practice

Current Procedures

- * The Doctors and Nurses at the Practice continue to operate an initial telephone triage system. If a face-to-face consultation is necessary, the Doctor or Nurse will book you an appointment at Shap later that day. Please contact the surgery at 8.30am to arrange a telephone triage appointment.
- * When attending an appointment at the Practice, face masks must be worn when in a consultation room and it is advised to continue to wear one throughout the rest of the building.

Dispensary

- * Medication will be available to be collected from the Dispensary at Shap 3 working days after the prescription has been handed in. Patients will receive a text message to confirm their medication is ready to be collected.
- * The opening hours for the Dispensary is as follows:

Mon, Tue, Wed & Fri
9:00am – 1:00pm and 3:00pm – 6:00pm
Thursday
9:00am – 1:00pm

Protected Learning Time

The Practice and Dispensary will be closed for training from 1pm on the following dates:

*Thursday 20th April 2023 and
Wednesday 17th May 2023.*

Surgery Patient Participant Group

On Saturday 22nd April the Surgery will be open to all our patients for a coffee Morning between 9:30am-11:00am.

We will have the current members of the PPG in attendance along with Practice Manager, GP and a Nurse to talk about the developments of the Surgery and PPG, and will demonstrate equipment that has been purchased through the equipment fund. Refreshments are free to all our patients.

THANK YOU!

We would like to sincerely thank all our patients who kindly donate cakes, biscuits, chocolates and other goodies throughout the year to the staff who work at the Shap Medical Practice & Pharmacy. Your kindness really means a lot to us and we are so very grateful to you all.

Dr. McCabe Dr. Woodstover Dr. Judson and all the staff
01931 716230 <https://www.shapmedicalpractice.co.uk/>

Brough & Stainmore Art Exhibition & Sale

Easter Saturday, Sunday, Monday
10am — 4pm, Masonic Hall, Kirkby Stephen

The annual Easter exhibition of the Bough and Stainmore Art Group will be in the Masonic Hall, Kirkby Stephen from Saturday 8th April – Monday 10th April, 10.00am – 4.00pm each day. From several new members exhibiting their work for the first time to more experienced artists, the group will be showing and selling a wide range of original artwork with different media, subjects and styles. Cards and prints will also be available.

No entry fee means its free to enjoy this interesting and varied exhibition with prices to suit all budgets.

Cobweb Orchestra, Tebay



Conducted by Martin Budgett, we meet in Tebay Methodist Church Hall, every Tuesday at 7.30pm during term time. Come and join us - we don't do auditions!

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For more information, please go to our web site www.cobweborchestra.org.uk

Earl opens footpath in Tebay

The 9th Earl of Lonsdale, Will Lowther, has opened a new public right of way in Tebay in the Westmorland Dales part of the Yorkshire Dales National Park.

The creation of the 780 metre footpath on the Lonsdale estate means that local people will no longer have to walk on the busy A685 road.

The path also better connects the Westmorland Dales with the Lake District National Park. The two National Parks are only a hundred metres apart at Tebay, separated by the M6 motorway, a railway mainline and the River Lune.

Rangers, apprentices and volunteers have spent the past four months constructing the footpath, in a project funded by National Lottery players through the Westmorland Dales Landscape Partnership.

The team building the path worked through sometimes atrocious weather for four months to complete the project. The challenge was carving out a path from the steep fellsides; it was impossible use big machinery, rather tracked powered wheelbarrows, with most of the 1200 loads led by the apprentices.

More than 400 tonnes of aggregate was brought from nearby Shap quarry to create a sound surface accessible for all.

The Chair of Tebay Parish Council, Adrian Todd, said: "The new path means we've got a circular route from the village of Tebay, by Roundthwaite on the other side of the M6 and back over the iron bridge – around three miles. It takes people off the main road which is very dangerous. It's a marvellous project.

"We've been trying to do this for 25 years believe it or not. The parish of Tebay is very happy that it's been done. It'll be a great thing for everybody."



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Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garthill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

	OUTWARD	RETURN
Bus Depot	10.00	15.50
Ravenstonedale School	10.10	15.40
Kirkby Stephen Station	10.20	15.30
Kirkby Stephen Square	10.30	15.20
Brough Clock	10.40	15.05
Barnard Castle	11.20	14.30

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.30	16.10
Shap	10.55	15.50
Orton	11.10	15.35
Mount Pleasant bus stop, Tebay	11.18	15.28
Barnaby Rudge bus stop, Tebay	11.20	15.27
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Friends of Orton School: Joanna Hayward: 07837 767442,
haywardjm75@gmail.com

Tebay Primary School:

Head of School: Mrs. Helen Wright

Office: Tracey Morland: 24239

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✝ Northern Inter-Schools Christian Union (NISCU):

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✝ Tebay Youth Club

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⚙ Families Together in Tebay and Orton:

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Lune Ladies: Wendy Dickinson 07766 833500

Mothers' Union: Angela Milburn: 24382

Women's Institute: Jackie Huck: 24266

Local church & community websites:

All Saints': <https://www.achurchnearyou.com/church/12220/>

St Oswald's: <https://www.achurchnearyou.com/church/12221/>

St James': <https://www.achurchnearyou.com/church/12223/>

Methodist: <https://www.ksaandtcircuit.org.uk/>

Orton Community Website: <https://ortoneden.co.uk>

Orton Parish Council: <https://ortonpc-eden.org.uk>

Tebay Parish Council: <https://tebaypc.org.uk>

Ravenstonedale village website: <https://www.ravenstonedale.org>

Ravenstonedale Parish Council: <https://www.rdalepc.uk>

Churches' Facebook pages:

Orton: <https://www.facebook.com/AllSaintsOrton/>

Tebay: <https://www.facebook.com/stjamestebay>

Ravenstonedale: <https://www.facebook.com/StOswaldRavenstonedale/>

Families Together in Tebay and Orton : Pam Lawson

<https://www.facebook.com/FamiliesTogetherTebayOrton/>

Families_Together@googlegroups.com